



PRESS RELEASE

NUTRIOSE® soluble fibers from Roquette achieve NutraStrong™ Prebiotic Verified certification

Lille, February 3, 2026 – Roquette, a global leader in sustainable plant-based solutions, announces that its [NUTRIOSE® soluble fibers](#) that hold clinical evidence of health benefits have now also gained [NutraStrong™](#) Prebiotic Verified product certification from [SGS Nutrasource](#). This recognition reinforces Roquette's commitment to science-backed nutrition, according to the company.

NutraStrong™ Prebiotic Verified, which is provided by the third-party certification body SGS NutraSource, is an industry-spanning program that validates the efficacy of prebiotic ingredients. By establishing clear benchmarks regarding manufacturing quality, label compliance and testing protocols, NutraStrong™ safeguards against misleading claims and ensures that only science-based products earn its seal of approval.

Through a rigorous evaluation process, NUTRIOSE® FM 06, NUTRIOSE® FB 06, and NUTRIOSE® FM 15S soluble fibers were found to meet stringent criteria set by SGS Nutrasource in quality manufacturing and science-based claims through clinical evidence to support prebiotic function.

*"We are proud to announce that our NUTRIOSE® soluble fiber ingredients have achieved NutraStrong™ Prebiotic Verified certification," said **Iva François, Global Product Marketing Leader for Fibers at Roquette**. "With proven prebiotic effect, NUTRIOSE® fibers offer our customers a science-backed solution for gut health and overall well-being. This certification illustrates the high standard of our quality and scientific evidence, and further underlines our dedication to delivering innovative prebiotic ingredients that our customers and consumers can trust."*

Strong endorsement for plant-based prebiotic fibers

The NUTRIOSE® portfolio has been developed to help consumers increase their intake of this critical nutrient. NUTRIOSE® is a range of non-GMO corn or wheat soluble fibers with clinically proven health benefits and excellent digestive tolerance. With a neutral taste, high solubility, and outstanding process stability, NUTRIOSE® enables manufacturers an easy integration across food and beverages applications, without altering original tastes or textures.



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Research shows that NUTRIOSE® promotes beneficial bacteria in the gut and modulates the gut environment.^{1,2,3,4} Moreover, NUTRIOSE® has demonstrated microbiota-related health benefits such as blood glucose management, satiety, weight management and sustained energy release.⁵ More recent studies demonstrate initial evidence around immune health and mental wellbeing. Roquette has 25 years of scientific expertise in the fiber field, supported by more than 26 clinical studies and over 30 preclinical studies.

*“We would like to congratulate Roquette on this certification – the company’s commitment to both the quality and science required for prebiotic certification serves as an example to the industry,” said **Kevin Yan, Vice President of Certifications and Analytics at SGS Nutrasource**. “The NutraStrong™ program is reserved for best-in-class branded ingredients and we are delighted to welcome Roquette to our ranks.”*

Feeding consumer appetite for fiber-fortified food

Consumers are increasingly interested in fibers and prebiotics in food and beverages, largely due to their associated gut health benefits. Consumers see gut health as a gateway to holistic wellness, with 59%⁶ of them believing gut health is important for the entire body. Moreover, awareness about prebiotics is growing: 64% of people globally have heard of them – with over half of those (52%) having

¹ GUERIN-DEREMAU L, HOB DEN MR, ZHANG C, NEUT C, THABUIS C, VAZHAPPILLY R, GIBSON GR, KENNEDY OB NUTRIOSE® soluble fiber selectively modulates gut microbiota composition in healthy volunteers. Poster shared at 13th European Nutrition Conference – Dublin, Ireland, October 15-18 2019

² Lefranc-Millot, C.; Guérin-Deremau, L.; Wils, D.; Neut, C.; Miller, L.; Saniez-Degrave, M. Impact of a Resistant Dextrin on Intestinal Ecology: How Altering the Digestive Ecosystem with NUTRIOSE®, a Soluble Fibre with Prebiotic Properties, May Be Beneficial for Health. J Int Med Res 2012, 40 (1), 211–224. <https://doi.org/10.1177/147323001204000122>

³ Thirion, F.; Da Silva, K.; Plaza Oñate, F.; Alvarez, A.-S.; Thabuis, C.; Pons, N.; Berland, M.; Le Chatelier, E.; Galleron, N.; Levenez, F.; Vergara, C.; Chevallier, H.; Guérin-Deremau, L.; Doré, J.; Ehrlich, S. D. Diet Supplementation with NUTRIOSE, a Resistant Dextrin, Increases the Abundance of Parabacteroides Distasonis in the Human Gut. Molecular Nutrition & Food Research 2022, 66 (11), 2101091. 202101091" <https://doi.org/10.1002/mnfr.202101091>.

⁴ BARBER C, SABATER C, ÁVILA-GÁLVEZ MA, VALLEJO F, BENDEZU RA, GUÉRIN-DEREMAU L, GUARNER F, ESPÍN JC, MARGOLLES A, AZPIROZ F Effect of resistant dextrin on intestinal gas homeostasis and microbiota. Nutrients, 2022; 14 (21): 4611. 10.3390/nu14214611

⁵ Hobden, M. R.; Commane, D. M.; Guérin-Deremau, L.; Wils, D.; Thabuis, C.; Martin-Morales, A.; Wolfram, S.; Díaz, A.; Collins, S.; Morais, I.; Rowland, I. R.; Gibson, G. R.; Kennedy, O. B. Impact of Dietary Supplementation with Resistant Dextrin (NUTRIOSE®) on Satiety, Glycaemia, and Related Endpoints, in Healthy Adults. Eur J Nutr 2021, 60 (8), 4635–4643. <https://doi.org/10.1007/s00394-021-02618-9>.

⁶ Top 10 F&B Trends 2026, Global, Innova Market Insights



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purchased prebiotic products in the last twelve months.⁷ As such, investment in fiber-focused innovations is expected to significantly grow over the coming years.

Caroline Perreau, Nutrition & Health Research Manager at Roquette, said: *"Roquette's dedication to unlocking the potential of fibers and understanding their profound impact on gut health exemplifies a commitment to scientific excellence. Through the relentless pursuit of innovation, we are paving the path to healthier, more sustainable ingredients in the food and beverage industry."*

The NutraStrong™ Prebiotic Verified product certification applies to NUTRIOSE® FM 06, NUTRIOSE® FB 06, and NUTRIOSE® FM 15S, which are also all low-FODMAP certified and non-GMO Project Verified. To learn more about the full NUTRIOSE® range, visit [Roquette's website](#).

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About Roquette

Roquette is a global leader in sustainable plant-based solutions, driving innovation and strong partnerships that are shaping the future of nutrition, health, and bioindustry.

The company harnesses natural resources such as wheat, corn, seaweed, and cellulose to craft high-performance ingredients used in everyday foods, oral medications, advanced biopharmaceuticals, and a range of bio-based products.

A family-owned company with over 90 years of expertise and 11,000 employees, Roquette serves clients in over 150 countries and is committed to creating lasting value for customers, patients, consumers, and society.

Together, we turn the potential of nature into the essentials of life.

Discover more about Roquette [here](#).

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⁷ FMCG Gurus 2025



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