

**BAKING** SOLUTIONS

# Roquette's sugar alternatives: Synergies for optimised substitution

# THE CHALLENGE: SUGAR SUBSTITUTION, TASTE & TEXTURE

The challenge will be to achieve true reduction (even total substitution) of simple sugars while preserving taste, especially sweetness, and texture, given that - as a bulking agent - sugar has an important texture-generating role. To help you meet this challenge, Roquette offers different, highly complementary and tailor-made solutions to sugar substitution.

YOU ARE Looking for:	No added sugars	Sugar reduction at optimum cost	Calorie reduction	Sweeteness (sugar=1)	Gluten-free BULKING agent	Tolerance	Glycaemic response	Fibre +	Clean label
▼ ROQUETTE SUGGESTS YOU:									
NUTRIOSE® 06	$\bigcirc$	<b>⊘</b>	<b>Ø</b>	<0.1	<b>⊘</b>	Best	Low (25) EFSA positive opinion*	85%	<b>⊘</b>
NUTRIOSE® 10		<b>⊘</b>	$\bigcirc$	0.1	✓	Best		70%	$\bigcirc$
SweetPearl®	<b>⊘</b>	<b>Ø</b>	<b>⊘</b>	0.9	<b>Ø</b>	Good	Low (29) 13.1 claim**		
NUTRIOSE® 06 + SweetPearl®	<b>⊘</b>	<b>⊘</b>	<b>⊘</b>	0 - 0.9 (depends on SweetPearl® ratio)	<b>⊘</b>	Good to Best	Low	0 to 85%	
NUTRIOSE® 10 + SweetPearl®		<b>Ø</b>	<b>⊘</b>	0.1 - 0.9 (depends on SweetPearl®)	<b>⊘</b>	Good to Best		0 to 70%	

\*October 2014: Reduction of posprandial glycaemic response. \*\* Regulation (EC) n°432/2012

## THE TASTE WITH LESS SUGAR

# PARTIAL SUGARS REDUCTION



- > A range of dietary fibres (NUTRIOSE® 06 and NUTRIOSE® 10) from wheat or maize
- > Bulking agent with a neutral taste
- > 2 kcal/g
- > Outstanding digestive tolerance
- > Easy to use, with excellent processing and shelf-life stability
- > Gluten-free
- > GMO-free, Kosher and Halal certified

The way to preserve taste and texture with soluble fibre

# AS MUCH AS TOTAL SUGARS REPLACEMENT



- > A naturally sweet bulk sweetener produced from maize or wheat
- > Easy to use; 1:1 substitution
- > Bake-stable
- > 2.4 kcal/g
- > Best-tolerated polyol
- > GMO-free, gluten-free, allergen-free
- > Kosher and Halal certified

The way to premium taste,

## **APPLICATIONS**



Biscuits and fillings NUTRIOSE® & SweetPearl®



Cake SweetPearl®



Cereals and bars NUTRIOSE® & SweetPearl®

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# Rebalancing sugar content

## SOLUTIONS

# IN DRIED PRODUCTS





#### **TECHNICAL CHALLENGES TO REDUCE SUGARS IN DRIED PRODUCTS**

When substituting sugar in dried products like a biscuit, there are some impacts on sweetness (consumers think less sugar means less taste and enjoyment), on colour (when substituting reducing sugars by non-reducing ingredients), on shape / spreading and on texture.

### SUBSTITUTION OF 30% SUGARS IN DIGESTIVE BISCUITS USING DIFFERENT SOLUTIONS











etPearl® P200 POLYDEXTROSE





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With SweetPearl® and NUTRIOSE®: processing, moisture, colour and surface aspect are identical to the control.

- > Thanks to similar physico-chemical properties to sucrose, SweetPearl® is the best sugar substitute in baked goods. > SweetPearl® P200: most similar to the control and less doughy.
- > The amorphous structure of soluble fibres acts in biscuits like glucose syrups and partially anti-crystallizes sucrose. NUTRIOSE® 10 offers a pleasant crispiness. It is a clean-label sugar alternative that provides fibres and maintains taste and appearance well.

	Sensory comparison* with control								
	SweetPearl® P200	NUTRIOSE® 06	NUTRIOSE® 10	Polydextrose	Inulin				
Texture	preserved	harder	crispy	friable	doughy				
Appearance	unchanged	unchanged	unchanged	unchanged	unchanged				
Sweetness	the closest	lower	lower	lower	lower				

<sup>\*</sup> Roquette trained panel (2015)

### **▼ TOTAL REPLACEMENT OF SUGARS THANKS TO NUTRIOSE® & SweetPearl® SYNERGIES**



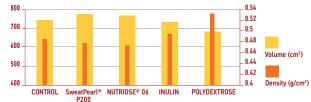


## IN SOFT PRODUCTS (cakes)



> The low molecular weight of SweetPearl® is particularly efficient in soft products. In addition to sugar reduction in the end product, volume and texture are preserved.

#### Substitution of 30% sugar in pound cakes



#### Cake tasting

CONTROL	++++		
SweetPearl® P200	++++		
NUTRIOSE® 06	++		
INULIN	+		
POLYDEXTROSE	++		

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