



VEGGIE

# OTAK-OTAK



## Ingredients

✂ 8 portions      ⌚ 60 min

- 195 grams of NUTRALYS® T70S, a textured pea protein (Water for soaking NUTRALYS®: 1000 grams/1 liter)
- 100g Shallots
- 50g Olive oil
- 6g Coriander Powder
- 4g Turmeric Powder
- 7g Sugar
- 10g Sea Salt
- 15g Cornstarch
- 15g Rice Flour
- 100g Coconut Cream
- 1g Lemon Grass Powder
- 1g Galangal Powder
- 30g Water
- 8 Kaffir Lime Leaves
- 8 Banana Leaf for Wrapping
- 50g Fragrant Chilli Paste

### Recipe for Fragrant Chilli Paste:

- 30g fresh big red chilli
- 30g olive oil
- 30g shallots
- 12g dry red chilli (remove seeds and stalks)
- 10g garlic
- 10g water

Blend all the ingredients together in a food processor and then fry it on a pan on low flame for 15 minutes.

## Method

- Wash the textured pea protein, soak the NUTRALYS® T70S with 1 liter of water for 30 minutes, then drain them.
- Wash the banana leaves, leave them to soak in warm water and dry them using a clean cloth. Cut off the uneven edges.
- Drain the soaked NUTRALYS® off the excess water, do not squeeze. You will be left with approximately 710+ grams of the moist, plump yellow pea protein.
- Blitz the soaked, drained NUTRALYS® with shallots, Olive oil, Coriander powder, Turmeric powder, sugar, sea salt, cornstarch, rice flour, coconut cream, lemon grass powder, galangal powder, water and in a powerful food processor for 40 seconds. You are looking to see a grainy textured paste that clumps together easily.
- Spread 2 heaped tablespoons of the mixture on a banana leaf, place a kaffir lime leaf shiny side down, wrap/fold the banana leaf and secure the ends with toothpicks.
- Bake it in a 200 degree celsius preheated oven for 15 minutes. After 5 minutes, turn over the baking otak in the oven, then continue baking.
- Serve hot and enjoy!



## Change food, and you change everything

NUTRALYS<sup>®</sup> is the world's most popular line of plant-based protein ingredients and is found in everything from plant-based burgers to baked goods, from protein shakes to dairy alternatives.



### Benefits of NUTRALYS<sup>®</sup> Plant Protein:

- ✓ Excellent sensory profiles
- ✓ Available in a wide range of grades
- ✓ Clinically proven muscle mass development and satiety
- ✓ Natural ingredients\*
- ✓ Non-GMO and not a major allergen
- ✓ Halal & Kosher certified
- ✓ Low carbon footprint

\*compliant with ISO/TS 19657

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