

SPECIALIZED NUTRITION



## HAVE A REFRESHING FIBER BOOST TWICE A DAY!



Image for reference only. Actual product may appear different.

- ☑ PREBIOTIC EFFECT
- ☑ MAINTAINS DIGESTIVE HEALTH BALANCE
- ☑ HIGH FIBER
- ☑ SUGARS-FREE
- ☑ REFRESHING DRINK

# HAVE A REFRESHING FIBER BOOST TWICE A DAY!

## Key Ingredient Facts

### NUTRIOSE® soluble fiber

Easily reach your nutritional goals thanks to the only sugars-free fiber with proven health benefits.

- Soluble dietary fiber from corn or wheat
- Clinically proven benefits for digestive health and blood glucose management
- Clinically proven prebiotic effect
- Outstanding digestive tolerance (up to 45g/day)
- Easy to use every day
- Sugars-free
- Calorie value: 2 kcal/g
- Ingredient status
- Non-GMO, kosher and halal and low fodmap certified



MONASH  
UNIVERSITY  
LOW FODMAP  
CERTIFIED™

## Key Benefits for Fiber Boost

### NUTRIOSE® FM 06 soluble fiber

Clinically proven benefits for:

- Prebiotic effect
- Digestive health — 1 dose per day of powder mix drink delivers more than 8g NUTRIOSE® 06, the amount with clinically-proven benefits for digestive health<sup>1</sup>
- Blood glucose management — supported by six clinical studies<sup>2</sup>
- Low glycemic response (GR:25)
- Easy to use
- Excellent process stability (temperature/ pH change)
- Neutral taste profile

#### NUTRITIONAL

#### FUNCTIONAL

#### SENSORY

<sup>1</sup>Thirion F et al. Diet Supplementation with NUTRIOSE, a Resistant Dextrin, Increases the Abundance of *Parabacteroides distasonis* in the Human Gut. *Mol Nutr Food Res*. 2022 Jun;66(7):e2101091. doi: 10.1002/mnfr.202101091. Epub 2022 Apr 4. PMID: 35312171

Lefranc-Millot C., Guerin-Deremaux L., Wils D., Neut C., Miller Le, Saniez De-grave MH. Impact of a resistant dextrin on intestinal ecology: How altering the digestive ecosystem with NUTRIOSE®, a soluble fiber with prebiotic properties, may be beneficial for health. *The Journal of International Medical Research*, 2012; 40(3): 211-224.

<sup>2</sup>Hobden MR et al. Impact of dietary supplementation with soluble fiber (NUTRIOSE®) on satiety, glycemia, and related endpoints, in healthy adults *Eur J Nutr*. 2021 Dec; 60(8): 4635-4643. doi: 10.1007/s00394-021-02618-9. pub 2021 Jun 25. Erratum in: *Eur J Nutr*. 2021 Aug 25; PMID: 34170392; PMCID: PMC8572182.

## SUGGESTED CLAIMS\* (EU)

- High fiber
- Sugars-free
- Lowering glycemic response\*\*

\* Information based on EU regulations.  
\*\* Consumption of foods/drinks containing NUTRIOSE® instead of sugars induces a lower blood glucose rise after their consumption compared to sugar-containing foods/drinks. Other suggested front pack claims available, associated with more or less regulatory risk. Front of pack claims are the responsibility of the responsible party for placing on the market.

Detailed recipe: LPNUWMA003

## NUTRITION FACTS (indicative values)

### Fiber boost

Serving Size: 1 dose (16g) + 200ml

#### water

Energy	31kcal
Fat	0g
Carbohydrate of which sugars	2.8g 0g
Fiber	12.5g
Protein	0g

## Ingredients:

**NUTRIOSE® FM 06 soluble fiber**, flavors, citric and intense sweetener (acesulfam K), coloring agents.



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