

# BETTER-FOR-YOU SCONES WITH PLANT-BASED INGREDIENTS



- ☑ 5G OF PLANT-BASED PROTEIN
- ☑ 2G OF PLANT-BASED SOLUBLE FIBER
- ☑ EXCELLENT TEXTURE AND FLAVOR PROFILE
- ☑ REDUCED SUGAR



# BETTER-FOR-YOU SCONES WITH PLANT-BASED INGREDIENTS

## Key Ingredient Facts

### NUTRIOSE® soluble fiber

- Plant-based soluble dietary fiber
- Clinical studies suggest benefits on digestive health and blood glucose management
- High digestive tolerance
- Gluten-free
- Neutral taste
- Excellent process stability
- Low FODMAP



### NUTRALYS® pea protein

- Nutritious and sustainable source of plant protein from the yellow pea
- Helps to fill you up and supports muscle health<sup>1</sup>
- Not a major allergen<sup>2</sup>
- Non-GMO<sup>3</sup> and gluten-free

### SweetPearl® maltitol powder

- Easy sugar-like solution to manage blood glucose with indulgence
- Bulk sweetener produced from corn or wheat
- All products are Kosher and halal certified

## Key Benefits for scones with plant-based ingredients

### NUTRIOSE® FB06 soluble fiber

#### NUTRITIONAL

- Soluble wheat fiber (85% fiber on D.S.)
- High digestive tolerance
- Helps to maintain healthy blood glucose levels
- Prebiotic

#### FUNCTIONAL

- Quick dispersion, even at room temperature
- Similar functionality to sugar
- High shelf life and process stability

### NUTRALYS® B85F pea protein

#### NUTRITIONAL

- Premium quality pea protein (85% on D.S.)
- Easy digestion: 96% digestible

#### FUNCTIONAL

- Easy-to-use
- Low impact on dough rheology which enables the texture of the biscuit to be preserved

### SweetPearl® P200

#### NUTRITIONAL

- Calorie value: 2.4 kcal/g
- Low glycemic response (GR: 29)
- Good digestive tolerance

#### FUNCTIONAL

- Best sugar replacement
- Good functionality: melts during cooking and recrystallizes like sugar
- Easy-to-use

- Reduced sugar
- Zero trans-fat

\* Information based on USA regulations. Subject to applicable local laws and regulations.

Detailed recipe: GBAKGSC002

## NUTRITION FACTS

**Better-for-you scones with plant-based ingredients**

Serving Size 55g

Amount per serving

Calories 190

from fat 60%

Daily value

Total fat 7g	10%
Saturated fat 4g	20%
Trans fat 0g	0%
Cholesterol 20mg	6%
Sodium 330 mg	14%
Total carbohydrate 30g	10%
Dietary fiber 2g	9%
Sugars 8g	
Protein 5g	
Vitamin A	4%
Vitamin C	0%
Calcium	12%
Iron	7%

## Ingredients:

Wheat flour, milk and cream, sugar, butter, **SweetPearl® P200** maltitol, **NUTRALYS® B85F pea protein**, blueberries dried, **NUTRIOSE® FB 06 soluble fiber**, baking powder (corn starch, sodium bicarbonate, sodium aluminum sulfate, monocalcium phosphate), whole egg, salt, lemon zest.

Contains: cereals containing gluten and derivatives, milk, egg and derivatives.



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<sup>1</sup> NUTRALYS® health benefits are supported by one single clinical study. Food manufacturers who would like to use NUTRALYS® pea protein for these benefits will have to run their own studies based on their own formulation.

<sup>2</sup> Pea is not listed among major allergens and intolerant agents in EU (Annex II Regulation 1169/2011) neither in the Codex list of allergens to be labeled (Codex Stan 1-1985 (Rev. 1-1991)-\$4.2.1.43). Due to a few rare reported allergic reactions with pea (and their derived products), we strongly suggest to our customers to list the botanical origin of their pea derived products in their ingredient statement."

<sup>3</sup> According to Regulation (EC) N° 1829/2003 and N° 1830/2003.

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