

CRISPY BLACK AND WHITE SESAME CRACKERS FOR HIGH-FIBER SNACK



- ☑ HIGH FIBER
- ☑ SUPPORT PREBIOTIC EFFECT
- ☑ CONVENIENT HEALTHY SNACK
- ☑ CRUNCHY BITES

• High fiber

BLACK AND WHITE SESAME CRACKERS

*Information based on EU regulations. Subject to applicable local laws and regulations.

Key Ingredient Facts

NUTRIOSE® soluble fiber

Easily reach your nutritional goals thanks to the only sugars-free fiber with proven health benefits.

- Soluble dietary fiber from corn or wheat
- Clinically proven benefits for digestive health and blood glucose management
- Clinically proven prebiotic effect
- Outstanding digestive tolerance (up to 45g/day)
- Easy to use every day
- Sugars-free
- Calorie value: 2 kcal/g
- Ingredient status
- Non-GMO, kosher and halal and low fodmap certified



Key Benefits for Black and White Sesame Crackers

NUTRIOSE® FM 06 soluble fiber

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|--------------------|--|
| NUTRITIONAL | <ul style="list-style-type: none">• High fiber content• Clinically proven benefits for digestive health¹• Prebiotic effect with one and a half servings a day¹ |
| FUNCTIONAL | <ul style="list-style-type: none">• High stability to heat treatment• Easy to use: quick dispersion and dissolution |
| SENSORY | <ul style="list-style-type: none">• Neutral taste profile |

¹Thirion F et al. Diet Supplementation with NUTRIOSE, a Resistant Dextrin, Increases the Abundance of Parabacteroides distasonis in the Human Gut. Mol Nutr Food Res. 2022 Jun;66(1):e2101091. doi: 10.1002/mnfr.202101091. Epub 2022 Apr 4. PMID: 35312171

Lefranc-Millot C, Guerin-Deremaux L, Wils D, Neut C, Miller Le, Saniez De-grave MH, Impact of a resistant dextrin on intestinal ecology: How altering the digestive ecosystem with NUTRIOSE®, a soluble fiber with prebiotic properties, may be beneficial for health. The Journal of International Medical Research, 2012; 40(1): 211-224.

Detailed recipe: LSNKCRA004

NUTRITION FACTS (indicative values) Black and white sesame crackers

Per 100g (serving size: 40g)

Energy	420kcal
Fat	27g
of which saturates	2.5g
Carbohydrate	30.5g
of which sugars	0.4g
Fiber	15.2g
Protein	6g
Salt	1.26g

Ingredients:

wheat flour, canola oil, NUTRIOSE® FM 06 soluble fiber, sesame seeds, water, rapeseed oil, salt, black pepper.

Contains: cereals containing gluten and derivatives, sesame seeds and derivatives.



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