

# Concepts that can be realized with a pea-based NUTRIOSE®

- **Pea-based NUTRIOSE®** is available and can be used in food products such as:
  - **Baked goods** (including, but not limited to, biscuits and cookies, cakes and pastries, bakery fillings and toppings),
  - **Cereals and snacks** (including, but not limited to, cereal bars, breakfast cereals, coated nuts, savory snacks,
  - **Dairy and dairy alternatives** (including, but not limited to, beverages, deserts, ice-creams and sorbets),
  - **Confectionary** (including, but not limited to, wine gums and jellies),
  - **Sport nutrition** (including, but not limited to, bars, meals and beverages),
  - **Weight-management** (including, but not limited to, bars, meals and beverages),
  - **Senior nutrition** (including, but not limited to, bars, meals and beverages),
  - **Clinical nutrition, Nutritional supplements and Beverages** (including, but not limited to, powder drinks, fruits juices, ready-to-drink beverages).
- In this document, all concepts and recipes attached to them were originally developed with NUTRIOSE® FB soluble fibre (wheat-based) or NUTRIOSE® FM soluble fibre (corn-based).
- All these concepts and recipes can be realized with a pea-based NUTRIOSE® soluble fibre (NUTRIOSE® Pea EXP).

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BAKING  
SOLUTIONS

# Rebalance sugars - an irresistible sandwich biscuit at optimum cost

**LESS SUGAR  
(- 30%)**

**PLEASANT  
TEXTURE**

**MORE FIBRE**

**TASTE &  
CREAMINESS  
PRESERVED**

**NUTRIOSE® 10**

  
**ROQUETTE**  
*Offering the best of nature™*



**BAKING  
SOLUTIONS**

## Rebalance sugars - an irresistible sandwich biscuit at optimum cost

### NUTRIOSE® FM/FB 10 KEY FACTS

- Resistant dextrins produced from cereals (wheat or maize)
- Outstanding digestive tolerance
- Low sugar content (approx. 10%)
- Rich in fibre (70%)
- Estimated caloric value (max) EU: 2Kcal/g
- Food ingredient status
- A white powder with neutral taste
- Gluten-free maize origin
- GMO-free, Kosher and Halal certified

### THE RECIPE LIST OF INGREDIENTS

#### BISCUIT: 70%

Wheat flour .....	57.6%
Sugar.....	18%
NUTRIOSE® FM 10 .....	0%
Water.....	18%
Vegetable fat.....	13%
Glucose syrup.....	2.5%
Baking powders .....	0.5%
Salt .....	0.4%
Favouring.....	0.3%
Soy lecithin.....	0.2%

#### FILLING: 30%

Sugar.....	54.6%
Vegetable fat.....	35.4%
NUTRIOSE® FM 10 .....	0%
Whole milk powder .....	10%
Flavour .....	0.04%

#### Control

#### 30% sugar reduction with NUTRIOSE® FM 10 (Detailed recipe: BI 49)

57.6%	57.6%
12%	12%
6%	6%
18%	18%
13%	13%
2.5%	2.5%
0.5%	0.5%
0.4%	0.4%
0.3%	0.3%
0.2%	0.2%

54.6%	36%
35.4%	35.4%
18.6%	18.6%
10%	10%
0.04%	0.04%

### NUTRIOSE® FM 10 KEY BENEFITS FOR SANDWICH-TYPE BISCUITS

	BISCUIT	FILLING
Nutritional	<ul style="list-style-type: none"> <li>• Bulking agent to substitute partially for sugar</li> <li>• Outstandingly tolerated fibre source</li> </ul>	
Functional	<ul style="list-style-type: none"> <li>• High solubility, low viscosity</li> <li>• Process conditions are identical to the control</li> </ul>	<ul style="list-style-type: none"> <li>• Unchanged process conditions</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>• Neutral taste / White colour</li> <li>• Maintains a pleasant taste and texture</li> </ul>	<ul style="list-style-type: none"> <li>• Sweet taste and creaminess preserved</li> </ul>

### POSSIBLE CLAIMS

- Reduced in sugars <sup>(1)</sup>
- Non-GMO
- Rich in fibre <sup>(2)</sup>

(1) Sugar reduction is at least 30% of a similar conventional product

(2) At least 6g of fibre for 100g of product

### NUTRITION FACTS

SERVING SIZE: 22g of Sandwich Biscuits (2 biscuits) made with NUTRIOSE® FM 10

Calories 104kcal	Protein 1.3g	Carb <b>12.7g</b> of which sugars: 5.1g	Fibre 1.8g insoluble fibre: 0.2 soluble fibre: 1.6	Fat 5.4g
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SERVING SIZE: 22g of Sandwich Biscuits (Control)

Calories 110kcal	Protein 1.3g	Carb <b>14.3g</b> of which sugars: 7.3g	Fibre 0.2g insoluble fibre: 0.2 soluble fibre: 0.0	Fat 5.4g
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Since regulations vary globally, please consult with local authorities or regulatory experts for substantiation of claims for your product and region of sale.





# Sugars reduction, the optimum way!



*Cereal  
origin*

Concept

*Crispiness*

*Less sugars  
(up to 30%)*



**NUTRIOSE®**  
soluble fibre

[www.nutriose.com](http://www.nutriose.com)

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## The recipe

### List of ingredients

	Spritzgebäck	Mia Mandel
• Wheat flour	45.2%	27.2%
• Butter	30.8%	27.2%
• Ground almonds	-	17%
• Sugar	10.2%	10.5%
• Whole eggs	-	6.8%
• Wheat starch	-	6.8%
• Water	8.95%	-
• NUTRIOSE® 14 exp.	4.4%	4.5%
• Salt	0.45%	-

## NUTRIOSE® 14 exp.: key benefits for biscuit applications

<b>Nutritional</b>	<ul style="list-style-type: none"> <li>- Produced from renewable agricultural raw materials (wheat or maize)</li> <li>- Low sugar content (&lt;5%)</li> <li>- Rich in fibre (60%)</li> <li>- Very well tolerated</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>- Bulking agent to substitute partially for sucrose (up to 30%)</li> <li>- High solubility, Low viscosity</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>- Neutral taste / White colour</li> <li>- Texture preservation</li> </ul>

### Nutrition Facts Serving size: 100g of Spritzgebäck

Calories	Protein	Carb	Sugars	Fibre	Fat
508kcal	5.7g	53g	12.2g	3.9g	29.9g
25%	11%	20%	13.5%	16%	43%

Adult's Guideline Daily Amount \*

### Nutrition Facts Serving size: 100g of Mia Mandel

Calories	Protein	Carb	Sugars	Fibre	Fat
556kcal	9g	45.5g	13.2g	5g	37g
28%	18%	17%	15%	20%	53%

Adult's Guideline Daily Amount \*

\* Percent GDAs are based on a 2,000 calorie diet.

### Possible claims

- Reduced in sugars
- Source of fibre

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BAKING  
SOLUTIONS

# Control sugar intake of your sweeties at school break!



**MULTI-TEXTURES  
EXPERIENCE**

**FUEL & FUN  
with 30%  
LESS SUGARS**



Only for reference, a real product could be seen different.



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## KEY FACTS

### NUTRIOSE® soluble fibre

Achieve easily the daily fibre target, and monitor the sugar content of sweet snacks thanks to a highly tolerated ingredient.

- Soluble fibre from non-GMO corn or wheat

### SweetPearl® maltitol

Monitor your sugar intake while enjoying a full sensory experience.

- Bulking agent from non-GMO corn and wheat

Both products are Kosher & Halal certified.

# Control sugar intake of your sweeties at school break!

## THE RECIPE (SUGAR REDUCED FILLED CAKE)

### LIST OF INGREDIENTS (Detailed recipe: LBAKCAK003)

CAKE (72%)	%	FILLING (28%)	%
Wheat flour.....	27.5	NUTRIOSE® FM 10,	
Sucrose.....	19.5	soluble fibre.....	26.4
Whole egg.....	18.5	Fruits puree.....	22.5
Canola oil.....	16.0	Roquette glucose syrup..	15.0
Water.....	12.0	NEOSORB®, sorbitol	
SweetPearl® P200		powder (humectant).....	11.0
maltitol powder		Glycerin (humectant).....	11.0
(bulking agent).....	5.0	Water.....	5.8
Baking powder		CLEARAM® CR 30 20,	
& improvers.....	1.3	modified waxy	
Salt.....	0.2	maize starch.....	5.0
		Sucrose.....	2.7
		Citric acid,	
		preservative & pectin.....	0.7

Other recipes available: reduced sugar sandwich biscuit (LBAKCO004), sugar-free biscuit (LPNUWMA008)

## NUTRIOSE® 06 soluble fibre & SweetPearl® maltitol

### KEY BENEFITS FOR SUGAR REDUCED FILLED CAKE

	NUTRIOSE® 10 soluble fibre	SweetPearl® maltitol
Nutritional	<ul style="list-style-type: none"> <li>• Bulking agent to reduce sugar content in fruit filling up to 50%</li> <li>• Low caloric content: 2 Kcal/g</li> <li>• Outstandingly tolerated fibre source (70% on D.S.)</li> <li>• Low glycemic response: 44</li> </ul>	<ul style="list-style-type: none"> <li>• Bulking agent to substitute sugar in cake (potential up to 100%)</li> <li>• Low caloric content: 2.4 Kcal/g</li> <li>• Very low glycemic response: 29</li> </ul>
Functional	<ul style="list-style-type: none"> <li>• Easy to handle (high solubility, low viscosity)</li> </ul>	<ul style="list-style-type: none"> <li>• Low molecular weight of SweetPearl® is particularly efficient to maintain soft texture of cakes</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>• Neutral taste</li> </ul>	<ul style="list-style-type: none"> <li>• Preserves full taste</li> </ul>

## SUGGESTED CLAIMS\* (EU)

- Reduced in sugars
- Rich in fibre
- Lowering glycemic response

\*Information based on EU regulations.  
Subject to applicable local laws and regulations.

## NUTRITION FACTS

### SERVING SIZE: 30g of sugar reduced filled cake

Calories	Protein	Carb	Fibre	Fat	Salt
102kcal	1.2g	15g	1.8g	4.3g	0.1g
		Of which sugars: 6.0g			
		Of which polyols: 2.1g			

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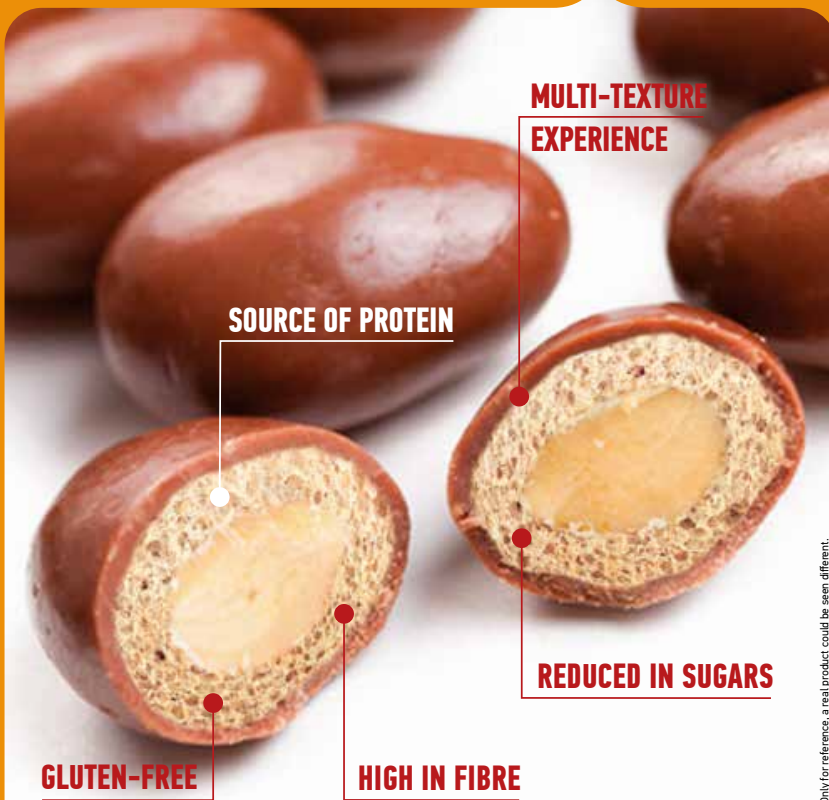
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# Healthy & Enjoyable crunchy choco bites



Only for reference, a real product could be seen different.

*Nutralys*  
A PRODUCT  
Trusted • Competitive • Unique

 **NUTRIOSE®**  
soluble fibre

**PREGEFLO®**  
C100G

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# Healthy & Enjoyable crunchy choco bites

## KEY FACTS

### NUTRALYS® pea proteins

- High quality plant protein from the yellow pea
- 84% protein (DS)
- Environmentally friendly culture

### PREGEFLO® C100G starch

- Pre-cooked maize starch rich in amylopectin
- Coarse particule size
- Cold viscosity

### NUTRIOSE® FM10 soluble fibre

- Produced from maize
- 70% fibre (DS), 2 Kcal/g
- Outstanding digestive tolerance

Above products are: consumer-friendly labelling,  
Gluten-free, non-GMO, Kosher and Halal certified

## THE RECIPE (CRUNCHY CHOCO BITES)

### LIST OF INGREDIENTS

(Detailed recipe: LSNKCSK001)

	%
Almonds.....	43.8
Dark chocolate coating .....	20.0
Water.....	8.2
NUTRALYS® pea proteins .....	8.0
PREGEFLO® C100G starch.....	8.0
NUTRIOSE® FM10 soluble fibre.....	5.5
Sucrose .....	5.0
Low fat cocoa powder.....	1.2
Flavour.....	0.2
Wax .....	qs

Other recipe available:

Crunchy caramel bites LSNKCSK002

## NUTRALYS® PEA PROTEINS, NUTRIOSE® FM10 and PREGEFLO C100G KEY BENEFITS FOR CHOCO BITES

	NUTRIOSE® FM10 soluble fibre	NUTRALYS® pea proteins	PREGEFLO® C100G starch
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• Source of very well tolerated fibre</li> <li>• To substitute partially sugars</li> </ul>	<ul style="list-style-type: none"> <li>• Clinically proven benefits on muscle mass and satiety</li> <li>• Easily digested protein</li> <li>• Not a major allergen</li> </ul>	<ul style="list-style-type: none"> <li>• Gluten-free</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• High solubility and good binding properties to coat nuts</li> <li>• Excellent stability to process and shelf-life</li> </ul>	<ul style="list-style-type: none"> <li>• Easy to use in nut coating (dry-mixing, water absorption and expansion)</li> </ul>	Excellent coating properties: <ul style="list-style-type: none"> <li>• Good powder dispersibility leading to more even coating</li> <li>• Texture variations (from crispy to crunchy) obtained through simple formulation changes</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Neutral taste</li> <li>• Preserved crispiness of the biscuit coating</li> </ul>	<ul style="list-style-type: none"> <li>• Homogeneous and crispy structure of biscuit coating</li> <li>• Optimized sensory profile with warm flavours (ie: expresso, caramel, dulce de leche)</li> </ul>	<ul style="list-style-type: none"> <li>• Neutral taste</li> <li>• New texture sensations</li> </ul>

## SUGGESTED CLAIMS

- Source of protein<sup>(1)</sup>
- Gluten-free<sup>(3)</sup>
- Non-GMO<sup>(5)</sup>
- High fibre<sup>(2)</sup>
- Reduced in sugars<sup>(4)</sup>

(1) At least 12% of the energy value provided by protein  
 (2) Contains at least 6g of fibre per 100g of finished product  
 (3) <20 ppm of gluten  
 (4) At least 30% of a similar conventional product  
 (5) Accords with EU regulations

## NUTRITION FACTS

SERVING SIZE: 20g (10 bites approx.)

Calories	Protein	Carb	Fibre	Fat
103 kcal	3.4 g	6.5g	2.6 g	6.5 g
		Of which sugars: 3.0g		

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**Indulge yourself,  
include protein  
from peas and fiber  
in your crackers!**

**GOOD SOURCE  
OF PEA PROTEIN**

**GOOD SOURCE  
OF FIBER**

**MADE FROM  
LEGUMES**

**NON-GMO**

**GLUTEN-FREE**

*Nutralys*  
THE SOLUTION  
Trust • Competence • Unique

 **NUTRIOSE®**  
soluble fiber

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**BAKING  
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**Indulge yourself,  
include protein  
from peas and fiber  
in your crackers!**



## KEY FACTS

### **NUTRALYS® pea protein**

- Unique way to create novel high protein snacks
- Sustainable source of plant proteins
- Non-GMO and gluten-free

### **NUTRIOSE® Soluble Fiber**

- Non-GMO soluble fiber
- Consumer-friendly ingredient
- Excellent digestive comfort
- Gluten-free

Both food ingredients are Kosher and Halal certified.

## THE RECIPE (CRACKERS)

### LIST OF INGREDIENTS (Detailed recipe: RAI BFC 96)

Pea starch.....	30.3%
Water.....	25.6%
<b>NUTRALYS® pea protein</b> .....	16.3%
Coconut oil.....	11.6%
<b>NUTRIOSE® soluble fiber (corn)</b> .....	7.4%
<b>PREGEFLO® corn starch</b> .....	7.8%
Salt.....	0.6%
Herbes de provence.....	0.5%

## **NUTRALYS® pea protein and NUTRIOSE® soluble fiber** KEY BENEFITS FOR PEA PROTEIN CRACKERS

	NUTRALYS® pea protein	NUTRIOSE® soluble fiber
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• High protein content allowing a good source of protein claim</li> <li>• Allergen-friendly, Gluten-free</li> <li>• Adapted to a vegan diet</li> </ul>	<ul style="list-style-type: none"> <li>• Outstanding tolerated fiber source</li> <li>• Gluten-free, allergen-friendly</li> <li>• Low calorie : 2kcal/g</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Good water-binding and gelling properties enabling a good handling of the dough and the creation of good structure in snacks</li> <li>• Very good synergy with pea starch</li> </ul>	<ul style="list-style-type: none"> <li>• Bulking powder, easy to handle</li> <li>• Perfect fiber stability to baking process</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Great taste with a plant base to keep hunger at bay</li> </ul>	<ul style="list-style-type: none"> <li>• Neutral taste</li> <li>• Maintains a pleasant crispiness and a crunchy texture, ideal for snacking</li> </ul>

## POSSIBLE CLAIMS (USA)

- Good source of protein
- Good source of fiber
- Zero sugar
- Non-GMO
- Gluten-free
- Vegan
- Cholesterol free

## NUTRITION FACTS

**SERVING SIZE:**  
30g of pea protein crackers

Calories	<b>Protein</b>	Carb	Fiber	Fat
130kcal	<b>5g</b>	16g	3g	5g
		Of which sugars: 9.0g		

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BAKING  
SOLUTIONS

# On-the-go breakfast bits for a healthy start to the day

**BOOST PROTEIN  
INTAKE (25% RI\*)**

**CRUNCHY BITS**

**FULLER,  
FOR LONGER**

**30% LESS SUGARS  
RICH IN FIBRE**

*Nutralys*  
THE SOLUTION  
Trusted • Competitive • Unique

 **NUTRIOSE®**  
soluble fibre

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*\* Reference intake of an average adult*

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## BAKING SOLUTIONS

# On-the-go breakfast bits for a healthy start to the day

## KEY FACTS

### NUTRALYS® Pea BF

- Highly purified plant-based protein extracted from the yellow pea
- Specifically designed for protein-enriched baked goods such as bread, biscuits, cereals and bars
- Rich in fibre (70%)
- Low viscosity and low solubility

### NUTRIOSE® FM10

- Resistant dextrin produced from maize
- Outstanding digestive tolerance
- Low sugar content (approx. 10%)
- Rich in fibre (70%)
- Estimated caloric value (max.) EU: 2 Kcal/g
- White powder with neutral taste

Both food ingredients are Gluten-free, GMO-free, Kosher and Halal certified

## THE RECIPE

### (BETTER-FOR-YOU BREAKFAST BITS)

#### LIST OF INGREDIENTS (Detailed recipe: BFC 31)

64%-protein crisps (NUTRALYS® Pea BF, rice flour, wheat protein) .....	34%
Chocolate crisps .....	16%
NUTRIOSE® FM 10 .....	12%
Glucose syrup .....	8.3%
Skimmed milk powder .....	6%
Shortening .....	5.5%
Sucrose .....	5%
NEOSORB® sorbitol .....	5%
Glycerin .....	3.8%
Soya lecithin .....	0.8%
Salt .....	0.2%
Water .....	3.4%

## NUTRALYS® Pea BF and NUTRIOSE® FM10 KEY BENEFITS FOR BREAKFAST CEREAL BITS

	NUTRALYS® Pea BF	NUTRIOSE® FM10
Nutritional	<ul style="list-style-type: none"> <li>• High protein content (85% protein on D.S.) allowing nutritional claims</li> <li>• Effective combination of NUTRALYS® Pea BF and wheat proteins : a rich source of essential amino acids</li> <li>• Easily digested protein</li> </ul>	<ul style="list-style-type: none"> <li>• Bulking agent to substitute partially for sugar</li> <li>• Outstandingly tolerated fibre source</li> </ul>
Functional	<ul style="list-style-type: none"> <li>• Easy to use in extrusion process (dry-mixing, output pressure, water absorption and expansion)</li> </ul>	<ul style="list-style-type: none"> <li>• High solubility and good binding properties to bind or coat cereals</li> <li>• Unchanged process conditions</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>• Crispiness preserved</li> </ul>	<ul style="list-style-type: none"> <li>• Sweet taste preserved</li> <li>• Maintains a pleasant crunchiness</li> </ul>

## POSSIBLE CLAIMS

- High in protein<sup>(1)</sup>
- Enriched in protein<sup>(2)</sup>
- Reduced in sugars<sup>(3)</sup>
- Rich in fibre<sup>(4)</sup>
- Non-GMO

(1): At least 20% of the energy value provided by protein

(2): Where the product meets the conditions for the claim 'source of' and the increase in protein content is at least 30% compared to a similar product

(3): Sugar reduction is at least 30% of a similar conventional product

(4): At least 6g of fibre for 100g of product

## NUTRITION FACTS

SERVING SIZE:  
50g of breakfast cereal bits

Calories	Protein	Carb	Sugars	Fibre	Fat	Polyols
210kcal	12.7g	23g	9.0g	4.2g	4.5g	3.8g

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BAKING  
SOLUTIONS

# Protein & fiber plant-powered Breakfast biscuits

POWERED BY  
PLANT-DERIVED  
INGREDIENTS

EXCELLENT  
SOURCE OF FIBER

VEGAN

GOOD SOURCE  
OF PROTEIN

*Nutralys*  
NUTRITION  
Trusted • Competitive • Unique

 **NUTRIOSE**<sup>®</sup>  
soluble fiber

  
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**BAKING  
SOLUTIONS**

## Protein & fiber plant-powered Breakfast biscuits

### KEY FACTS

#### **NUTRALYS® pea protein**

- Nutritious plant proteins
- High quality protein extracted from the yellow pea
- Allergen-free
- Easy & tasty proteins
- Clinically-proven benefits on short-term satiety

#### **NUTRIOSE® Soluble Fiber**

- Neutral taste
- Soluble fiber extracted from non-GMO corn or non-GMO wheat
- Consumer-friendly ingredient (Excellent digestive comfort)

Both food ingredients are Gluten-free, non-GMO, Kosher and Halal certified.



### THE RECIPE

#### (BREAKFAST BISCUITS)

#### LIST OF INGREDIENTS (Detailed recipe: RAI BFC 97)

Whole oat flour .....	16.5%
Whole wheat flour .....	16%
Sugar.....	16%
Rolled oats.....	14%
Palm oil.....	13%
<b>NUTRALYS® pea protein</b> .....	7.8%
<b>NUTRIOSE® FB 06</b> .....	5%
Glucose syrup (Pea) .....	3.5%
Sunflower lecithin.....	0.4%
Sodium pyrophosphate.....	0.3%
Baking powders.....	0.3%
Natural flavour .....	0.2%
Salt .....	0.2%

### **NUTRALYS® pea protein and NUTRIOSE® soluble fiber** KEY BENEFITS FOR BREAKFAST BISCUITS

	NUTRALYS® pea protein	NUTRIOSE® soluble fiber
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• A high-protein content (85% on D.S)</li> <li>• High digestibility (98%), n°1 source of arginine, Good source of BCCA, glutamic acid and Lysine</li> <li>• Allergen-friendly, gluten-free, adapted to a Vegan's diet</li> <li>• Cholesterol-free</li> </ul>	<ul style="list-style-type: none"> <li>• Outstanding tolerated fiber source</li> <li>• Gluten-free, allergen-friendly</li> <li>• Low calorie: 2kcal/g</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Ease-of-use</li> </ul>	<ul style="list-style-type: none"> <li>• Bulking powder, easy to handle</li> <li>• Rapid &amp; Clear dissolution</li> <li>• Fiber stability to process</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Great taste with a plant base to keep hunger at bay</li> </ul>	<ul style="list-style-type: none"> <li>• Neutral taste</li> <li>• Maintains a pleasant crispiness and a crunchy texture</li> </ul>

### POSSIBLE CLAIMS (USA)

- Whole grain, Plant-based
- Excellent source of Fiber
- Good source of Protein
- Non-GMO
- No Cholesterol
- Vegan

### NUTRITION FACTS

#### SERVING SIZE:

40 g of plant-powered Breakfast biscuits

Calories 170kcal	<b>Protein</b> 5g	Carb 25g Of which sugars: 9.0g	Fiber 5g	Fat 7g
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BAKING  
SOLUTIONS

# Release your energy with low GI\* biscuits

**-30% SUGARS**



**TASTY  
& CRUNCHY**



**HIGH IN FIBRE**



Only for reference, a real product could be seen different.

\* GI: Glycaemic Index

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**BAKING  
SOLUTIONS**

## NUTRIOSE® FB/FM 06 soluble fibre

### KEY FACTS

- Resistant dextrin produced from cereals (wheat or maize)
- Consumer friendly labelling
- Outstanding digestive tolerance
- Sugar free, 2 Kcal/g
- Gluten-free (maize origin)
- Non-GMO, Kosher and Halal certified



## Release your energy with low GI biscuits

### THE RECIPE (LOW GI BISCUIT)

#### LIST OF INGREDIENTS

	Control %	-30% sugars %
Wheat flour .....	45.1	45.1
Vegetable fat .....	15.0	15.0
Sucrose.....	15.0	9.0
Oat flakes .....	8.0	8.0
Whole wheat flour .....	6.5	6.5
Water .....	6.5	6.5
NUTRIOSE® 06 soluble fibre.....	0.0	6.0
Glucose syrup .....	2.5	2.5
Baking powders .....	0.8	0.8
Soya lecithin .....	0.2	0.2
Vanilla flavour .....	0.2	0.2
Salt .....	0.2	0.2

Other recipe available:  
Sugar-free biscuits LPNUWMA008

## NUTRALYS® soluble fibre KEY BENEFITS FOR LOW GI BISCUITS

<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• Fibre enrichment (85% fibre on D.S.)</li> <li>• Clinically proven benefits on : <ul style="list-style-type: none"> <li>- Blood glucose management, supported by 6 clinical studies</li> <li>- Low glycaemic response (GR:25)</li> <li>- Sustained energy supply</li> </ul> </li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Bulking agent to substitute partially for sugar</li> <li>• Easy to use: good solubility and dispersibility</li> <li>• Stable in processing</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Neutral taste</li> <li>• White colour</li> </ul>

### SUGGESTED CLAIMS

- Reduced in sugars <sup>(1)</sup>
- High fibre <sup>(2)</sup>
- Helps maintain healthy blood glucose levels <sup>(3)</sup>
- Non-GMO <sup>(4)</sup>

(1) At least 30% of a similar conventional product  
(2) At least 6g of fibre per 100g of finished product  
(3) Consumption of foods/drinks containing NUTRIOSE® instead of sugars induces a lower blood glucose rise after their consumption compared to sugar-containing foods/drinks. Other suggested front pack claims available, associated with more or less regulatory risk. Front of pack claims are the responsibility of the responsible for placing on the market  
(4) Accords with EU regulations

### NUTRITION FACTS

SERVING SIZE: 20g (2 biscuits approx.)

Calories 91kcal	Protein 1.6g	Carb 12g Of which sugars: 2.5g	Fibre 1.8g	Fat 3.7g
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Since regulations vary globally, please consult with local authorities or regulatory experts for substantiation of claims for your product and region of sale.

# TASTIER and HEALTHIER Fruit flavoured drink



Contains only the sugars  
naturally present in the fruit

**NUTRIOSE**<sup>®</sup>  
soluble fibre  
[www.nutriosolublefibre.com](http://www.nutriosolublefibre.com)

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## The recipe

supported by an external study

### • Recipe n°1 (control)

- 25.70g/L  
fruit concentrate
- 90g/L sucrose

### • Recipe n°2 (test)

\* No-added-sugars  
fruit-flavoured drink

- 25.70g/L  
fruit concentrate
- 20g/L  
NUTRIOSE® FM 06
- 0.30g/L  
Aspartame Ace-K

The test results\*\* revealed that the two formulations were perceived as similar for both taste and mouthfeel

## 100 ml of this fruit flavoured drink (Recipe n°2) contains:

**Calories**  
10 Kcal

0.5%

**Carbs**  
1.6 g  
Sugars: 1.2g

0.7%

**Proteins**  
0 g

0%

**Fats**  
0 g

0%

**Fibre**  
1.7 g

6.8%

% adults' Guideline Daily Amount\*

## Possible claims

- "Light"
- No sugars added
- Calories reduced by 75%
- "Source of fibre" (1.7g/100 ml)

\* GDAs: Nutritional requirements vary depending on age, weight, height, gender and the level of physical activity.

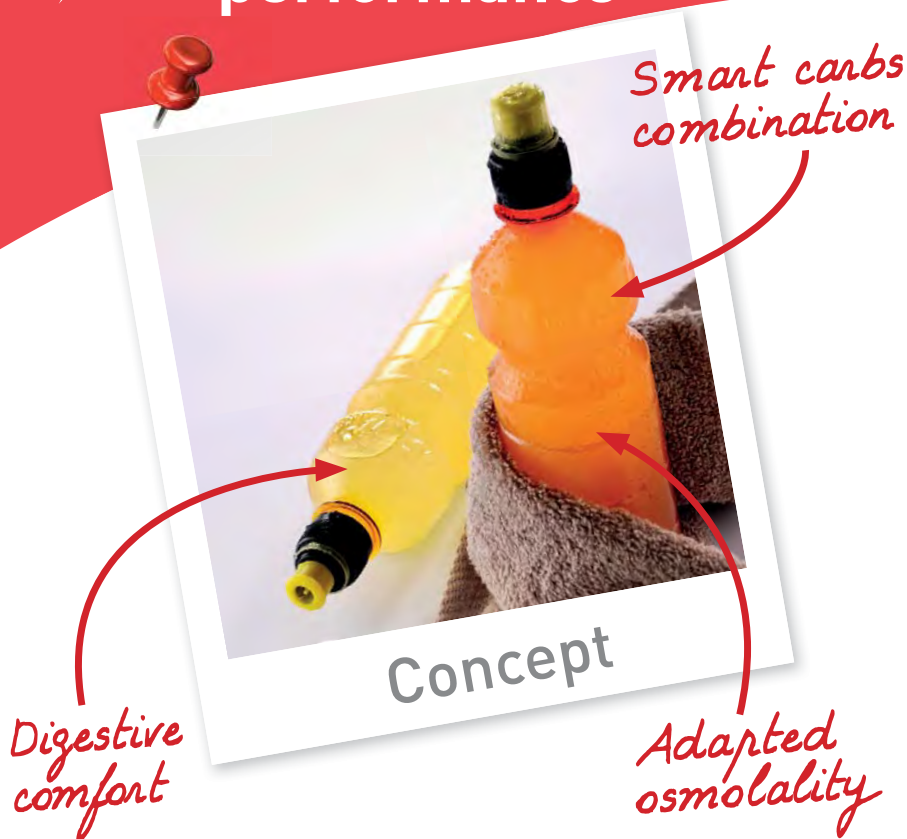
\*\* Triangle testing for similarity (ISO 4120:2003) with 99 untrained panelists (consumers), conducted by the independent ISA Group, Lille, France – April 2011

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# Optimum isotonic beverage = Better endurance performance



  
**NUTRIOSE®**  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)

**Glucidex®**  
maltodextrin



## The recipe

### List of ingredients

• GLUCIDEX® 19 maltodextrin	30.6%
• DEXTROSE monohydrate ST	20%
• NUTRIOSE® FB 06 wheat dextrin (soluble fibre)	20%
• Sucrose	19.4%
• Anhydrous citric acid	5.2%
• Tri-sodium citrate	1.8%
• Sodium chloride	0.9%
• Sodium benzoate	0.9%
• Potassium gluconate	0.5%
• Lemon flavour	0.5%
• Calcium citrate	0.25%
• Colouring agent	9.5

Detailed recipe: PNU SP 05

## GLUCIDEX® 19 & NUTRIOSE® FB 06: key benefits for this isotonic beverage

	GLUCIDEX® 19	NUTRIOSE® FB 06
Nutritional	<ul style="list-style-type: none"> <li>- Nutritive saccharides</li> <li>- Low osmolality for optimum absorption</li> <li>- 4 kcal/g</li> </ul>	<ul style="list-style-type: none"> <li>- Prebiotic fibre</li> <li>- Outstanding digestive tolerance</li> <li>- 2 kcal/g</li> </ul>
Functional	<ul style="list-style-type: none"> <li>- Bulking powder, easy to handle</li> <li>- Rapid &amp; clear dissolution</li> </ul>	<ul style="list-style-type: none"> <li>- Bulking powder, easy to use</li> <li>- Rapid &amp; clear dissolution</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>- Low sweetness</li> </ul>	<ul style="list-style-type: none"> <li>- Neutral taste</li> </ul>

### Nutrition Facts

Serving size: 100g of powder

Calories  
320kcal

Protein  
< 0.1g

Carb  
73g

Sugars  
42g

Fibre  
16g

Fat  
< 0.1g

### Possible claims

- GMO-free



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# A Bit of a Boost twice a day to feel full for longer



 **NUTRIOSE®**  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)



## The recipe

### List of ingredients

- NUTRIOSE® 06 soluble fibre (from wheat or maize) ..... 93.3%
- Red fruit flavour ..... 3.8%
- Citric acid ..... 1.8%
- Intense sweetener (acesulfam K) ..... 1.1%
- Colouring ..... 0.007%

Detailed recipe: PNU WM03

## NUTRIOSE® 06 soluble fibre: key benefits for quick-dissolving powder mix products

### Nutritional

- Clinically proven benefits on satiety: 2 doses per day of "A Bit of a Boost" deliver more than 14g NUTRIOSE® 06 – the amount with a clinically proven effect on satiety<sup>(2)</sup>
- Calorie value: 2kcal/g
- High digestive tolerance

### Functional

- Ease of use
- Process stability (heat treatment and acid condition)

### Sensory

- Neutral taste

### Nutrition Facts

Serving size: 1 dose (7.5g) + 200ml water

Calories  
27kcal

1%

Protein  
0g

0%

Carb  
1g

16%

Fibre  
5.7g

23%

Fat  
0g

0%

### Possible claims

- Rich in fibre<sup>(1)</sup>
- GMO-free
- Suitable for vegetarians and vegans

<sup>(1)</sup> more than 6g /100g

<sup>(2)</sup> the soluble fibre NUTRIOSE® induces a dose-dependent beneficial impact on satiety over time in humans. Sept. 2011

\* Percent GDAs are based on a 2,000 calorie diet.



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CONFECTIONERY  
SOLUTIONS

# Smart jellies Reach your Sugar reduction targets

**LESS SUGARS  
(-30%)**

**LESS CARBOHYDRATES  
& CALORIES**

**PLEASANT  
TEXTURE**

**NUTRIOSE®**  
soluble fibre

**ROQUETTE**  
Offering the best of nature™

Only for reference, a real product could be seen different



**CONFECTIONERY  
SOLUTIONS**

# Smart jellies reach you sugar reduction targets

## KEY FACTS NUTRIOSE® FM10

- Resistant dextrin produced from maize
- Rich in fibre (70%)
- Low sugar content (approx. 10%)
- Neutral taste
- Gluten-free, non-GMO, Kosher & Halal certified

## THE RECIPE (SMART JELLIES)

LIST OF INGREDIENTS (Detailed recipe: LSWEJEM010)

	Control	Smart jellies
Glucose syrup .....	43.9%	30.3%
NUTRIOSE® FM10 soluble fibre .....	0%	21%
Sucrose .....	29.2%	18.4%
Gelatin .....	7.5%	8%
Citric acid .....	1.1%	1.6%
Flavour & colour .....	0.7%	0.3%
Residual moisture content .....	18%	20%

## NUTRIOSE® FM10 KEY BENEFITS FOR REDUCED SMART JELLIES

Nutritional	<ul style="list-style-type: none"> <li>• Very low content of mono and disaccharides</li> <li>• Outstanding digestive tolerance</li> <li>• Bulking agent to partially substitute sugars</li> </ul>
Functional	<ul style="list-style-type: none"> <li>• Easy to use: good solubility and dispersibility</li> <li>• Stable in processing</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>• Neutral taste profile</li> </ul>

## SUGGESTED CLAIMS\* (EU)

- Reduced in sugars
- Rich in fibre

\* Information based on EU regulations. Subject to applicable local laws and regulations.

## NUTRITION FACTS

SERVING SIZE: 20g of control jellies

Calories 66kcal	Protein 1.5g	Carb 14.6g Of which sugars : 11.5g	Fibre 0g	Fat 0g
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SERVING SIZE: 20g of smart jellies

Calories 57kcal	Protein 1.6g	Carb 10.9g Of which sugars: 8g	Fibre 3g	Fat 0g
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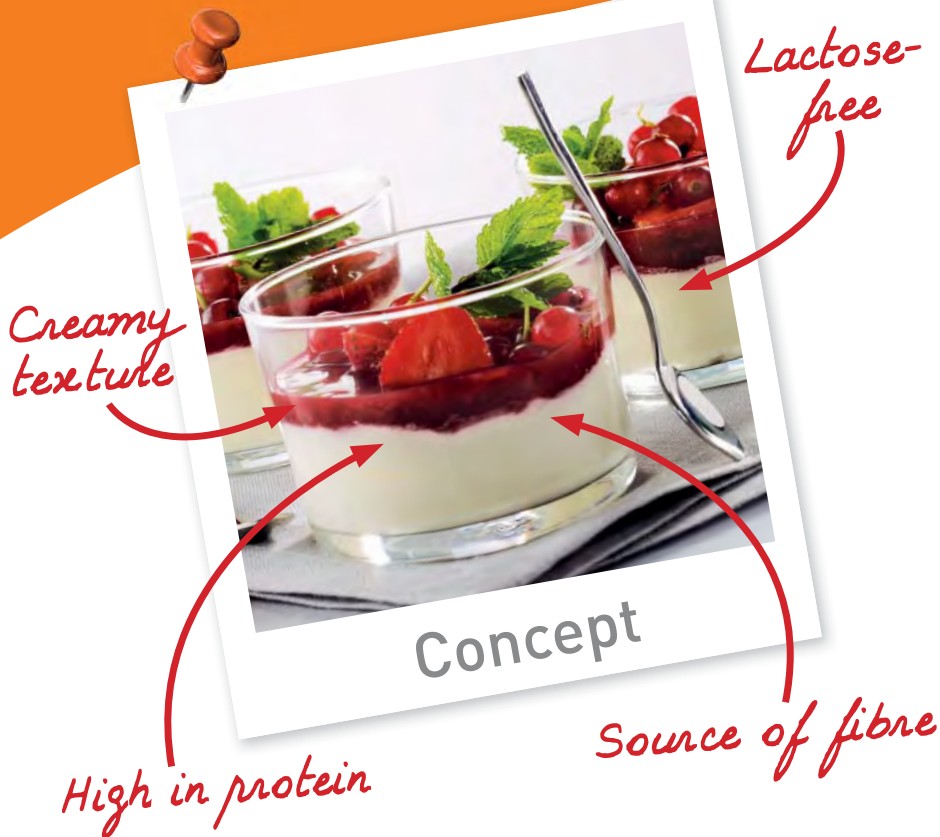
  
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# High-Protein VegDelight dessert 100% vegan



 **NUTRIOSE®**  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)

 **Nutralys®**  
VEGETABLE PROTEINS  
Trusted • Competitive • Unique  
[www.pea-protein.com](http://www.pea-protein.com)



## The recipe

### List of ingredients

• Water	73.84%
• Sugar	9%
• NUTRALYS® S85F pea protein	6.46%
• NUTRIOSE® FMO6 soluble fibre	3.55%
• Sunflower oil	3.5%
• Waxy maize starch N-200	1.5%
• NUTRALYS® W hydrolysed wheat gluten	1.14%
• Flavours	0.6%
• Thickeners (carrageenan)	0.4%

Detailed recipe: PNU CN 04



## NUTRALYS® vegetable proteins and NUTRIOSE® soluble fibre: key benefits for an HP dessert

	NUTRALYS® vegetable proteins	NUTRIOSE® soluble fibre
Nutritional	<ul style="list-style-type: none"> <li>- Highly purified plant-based proteins</li> <li>- Balanced amino acid profile (rich in arginine, leucine and cysteine)</li> <li>- Complementary digestion kinetics: Intermediate-fast pea protein and fast hydrolysed wheat gluten</li> <li>- GMO-free protein sources</li> </ul>	<ul style="list-style-type: none"> <li>- High digestive tolerance</li> <li>- A GMO-free source of soluble fibre</li> <li>- Prebiotic fibre</li> <li>- High fibre content</li> </ul>
Functional	<ul style="list-style-type: none"> <li>- Good emulsifying properties (pea protein)</li> <li>- Process stability (heat treatment)</li> <li>- Ease of use</li> <li>- Good dispersibility</li> </ul>	<ul style="list-style-type: none"> <li>- Process stability</li> <li>- Ease of use</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>- Optimised sensory profile</li> </ul>	<ul style="list-style-type: none"> <li>- Neutral taste</li> </ul>

### Nutrition Facts

Serving size: 100g of HP dessert

Calories 113kcal	Protein 6.1g	Carb 11.8g	Fibre 3g	Fat 4g
6%	12%	4%	12%	6%

Adult's Guideline Daily Amount \*

\* Percent GDAs are based on a 2,000 calorie diet.

### Possible claims

- High-protein<sup>(1)</sup>
- Source of fibre<sup>(2)</sup>
- Lactose-free/  
dairy-free
- Suitable for  
vegans and  
vegetarians

(1) : more than 20% of the energy value provided by protein

(2) : more than 3g / 100g



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# Protein-enriched vegetable drink for ageing well!



*Smooth texture*

*Vegetarian* 😊

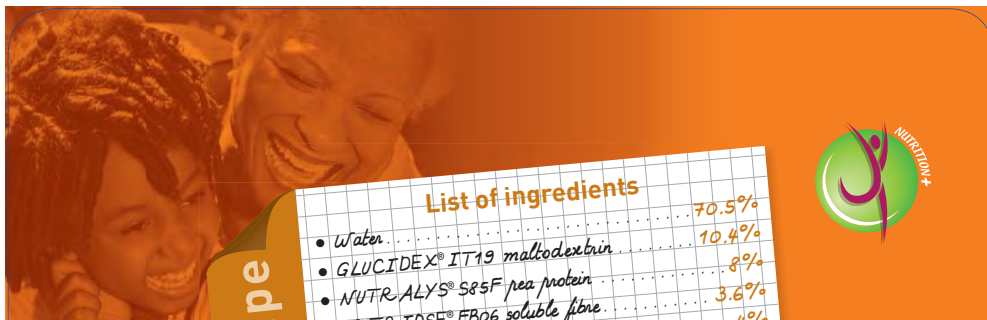
**Concept**

*High in protein*

*Source of fibre*

**NUTRIOSE®**  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)

*Nutralys®*  
VEGETABLE PROTEINS  
Trusted • Competitive • Unique  
[www.pea-protein.com](http://www.pea-protein.com)



**The recipe**

### List of ingredients

• Water	70.5%
• GLUCIDEX® IT19 maltodextrin	10.4%
• NUTRALYS® S85F pea protein	8%
• NUTRIOSE® FBO6 soluble fibre	3.6%
• Sugar	4%
• Canola oil	1.7%
• NUTRALYS® W hydrolysed wheat gluten	1.4%
• Toffee flavour	0.2%
• Masking agent	0.2%

Detailed recipe: PNU CN 03

## NUTRALYS® vegetable proteins and NUTRIOSE® soluble fibre: key benefits for a HP vegetable drink

	NUTRALYS® vegetable proteins	NUTRIOSE® soluble fibre
Nutritional	<ul style="list-style-type: none"> <li>- Highly purified plant-based proteins (from yellow pea or wheat)</li> <li>- Balanced amino acid profile (rich in arginine, leucine and cysteine)</li> <li>- Easily digested proteins</li> <li>- Complementary digestion kinetics: intermediate-fast pea protein and fast hydrolysed wheat gluten</li> <li>- Lactose-free, isoflavone and GMO</li> </ul>	<ul style="list-style-type: none"> <li>- Exceptional digestive tolerance</li> <li>- A GMO-free source of fibre</li> <li>- Prebiotic fibre</li> </ul>
Functional	<ul style="list-style-type: none"> <li>- Ease of use</li> <li>- Good dispersibility</li> <li>- Emulsifying properties (pea protein)</li> </ul>	<ul style="list-style-type: none"> <li>- High and stable fibre level</li> <li>- Ease of use</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>- Optimised sensory profile</li> <li>- Smooth texture</li> </ul>	<ul style="list-style-type: none"> <li>- Neutral taste</li> </ul>

### Nutrition Facts

Serving size: 100ml of protein-enriched vegetable drink

Calories 116kcal	Protein 7.6g	Carb 14.7g	Sugars 4.7g	Fibre 3g	Fat 2.3g
6%	15%	5%	3.5%	12%	3%

Adult's Guideline Daily Amount \*

\* Percent GDAs are based on a 2,000 calorie diet.

### Possible claims

- High protein <sup>[1]</sup>
- Source of fibre <sup>[2]</sup>
- Lactose-free/Dairy-free
- Suitable for vegans and vegetarians

[1] more than 20% of the energy value provided by protein  
[2] more than 3g/100g fibre



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DAIRY  
SOLUTIONS

# Creamy Plant-Based Beverage

**NON-DAIRY  
NON-SOY**

**FUELED  
BY PROTEIN  
FROM PEAS**

**GOOD SOURCE OF  
PROTEIN & FIBRE**

**SUITABLE FOR  
VEGANS**

Only for reference, a real product could be seen different

*Nutralys*  
NUTRIOSOLUBLE  
Trusteds • Competitives • Unique

**NUTRIOSE**  
soluble fibre

  
**ROQUETTE**  
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Since regulations vary globally, please consult with local authorities or regulatory experts for substantiation of claims for your product and region of sale.



**DAIRY  
SOLUTIONS**

# Creamy Plant-Based Beverage



## KEY FACTS

### NUTRALYS® pea protein

- Nutritious plant protein
- High quality protein extracted from the yellow pea
- Allergen-free
- Non-GMO and Gluten-free

### NUTRIOSE® soluble fibre

- Non-GMO soluble fibre
- Consumer-friendly ingredient
- Excellent digestive comfort
- Gluten-free

Both food ingredients are Kosher & Halal certified.

## THE RECIPE (PLANT-BASED BEVERAGE)

### LIST OF INGREDIENTS

(Detailed recipe: TDAIMIL001)

- Water
- NUTRALYS® pea S85F
- NUTRIOSE® FM06
- Sugar
- Sunflower oil
- Emulsifier

## NUTRALYS® pea protein and NUTRIOSE® soluble fibre

### KEY BENEFITS FOR PLANT-BASED BEVERAGES

	NUTRALYS® pea protein	NUTRIOSE® soluble fibre
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• A high-protein content (85% on D.S) allowing a good source of protein claim</li> <li>• High digestibility (98%), n°1 source of arginine, Good source of BCAA, glutamic acid and Lysine</li> <li>• Allergen-friendly, Gluten-free, adapted to a vegan diet</li> <li>• Cholesterol-free</li> </ul>	<ul style="list-style-type: none"> <li>• Outstanding tolerated fibre source</li> <li>• Gluten-free, allergen-friendly</li> <li>• Low calorie: 2kcal/g</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Ease-of-use</li> <li>• A delicious milk alternative without soy or nuts</li> <li>• Rapid &amp; Clear dissolution</li> </ul>	<ul style="list-style-type: none"> <li>• Bulking powder, easy to handle</li> <li>• Perfect Fibre, stability to process</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Great creamy taste with rich mouth feel</li> </ul>	<ul style="list-style-type: none"> <li>• Neutral taste</li> </ul>

## SUGGESTED CLAIMS\* (ASIA)

- Allergen Friendly
- Non-soy, Nut-free
- Good source of Protein & Fibre
- Cholesterol free
- Vegan

\* Information based on ASIA regulations. Subject to applicable local laws and regulations.

## NUTRITION FACTS

SERVING SIZE:

227g of plant-based nutritional drink

Calories 46kcal	<b>Protein</b> 3.0g	Carb 4.4g	Fibre 1.5g	Fat 2.9g
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# Protein-enriched stewed fruit

*A tasty dessert for  
ageing well!*



*High in  
protein*

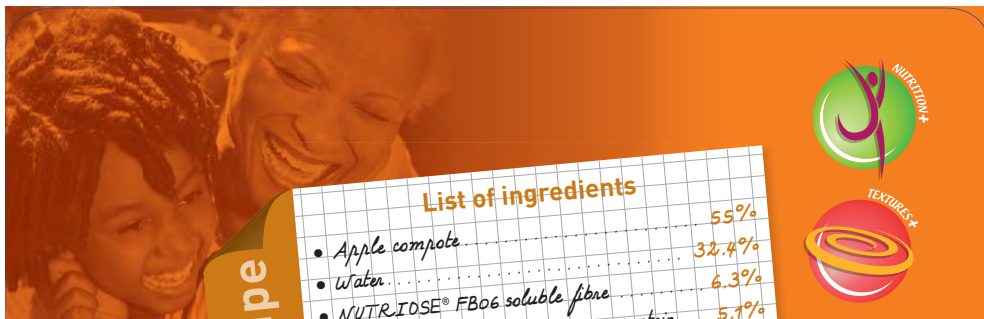
Concept

*Lactose-free*

*Rich in fibre*

**NUTRIOSE**<sup>®</sup>  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)

*Nutrallys*<sup>®</sup>  
VEGETABLE PROTEINS  
Trusted • Competitive • Unique  
[www.pea-protein.com](http://www.pea-protein.com)



## The recipe

### List of ingredients

- Apple compote ..... 55%
- Water ..... 32.4%
- NUTRIOSE® FBO6 soluble fibre ..... 6.3%
- NUTRALYS® pea XF exp. pea protein ..... 5.1%
- NUTRALYS® w/ hydrolysed wheat gluten ..... 0.9%
- Biscuit flavour ..... 0.3%
- Buffer solution ..... 9%

Detailed recipe: PNU CN 01



## NUTRALYS® vegetable proteins and NUTRIOSE® soluble fibre: key benefits for stewed fruit

	NUTRALYS® vegetable proteins	NUTRIOSE® soluble fibre
Nutritional	<ul style="list-style-type: none"> <li>- Highly purified plant-based proteins (from yellow pea and wheat)</li> <li>- Balanced amino acid profile (rich in arginine, leucine and cysteine)</li> <li>- Easily digested proteins</li> <li>- Complementary digestion kinetics: intermediate-fast pea protein and fast hydrolysed wheat gluten</li> <li>- GMO-free protein sources</li> </ul>	<ul style="list-style-type: none"> <li>- High digestive tolerance</li> <li>- Prebiotic fibre</li> <li>- High fibre content</li> </ul>
Functional	<ul style="list-style-type: none"> <li>- Ease of use</li> <li>- Good dispersibility</li> <li>- Stability to process (heat treatment)</li> </ul>	<ul style="list-style-type: none"> <li>- Stability to process (heat treatment)</li> <li>- Ease of use</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>- Optimised sensory profile</li> <li>- Smooth texture (avoid grittiness)</li> </ul>	<ul style="list-style-type: none"> <li>- Neutral taste</li> </ul>

### Nutrition Facts

Serving size: 100g of dessert

Calories  
101kcal

5%

Protein  
5g

10%

Carb  
16.6g

6%

Fibre  
6g

24%

Fat  
0.4g

0.6%

Adult's Guideline Daily Amount \*

\* Percent GDAs are based on a 2,000 calorie diet.

### Possible claims

- High protein <sup>(1)</sup>
- High fibre <sup>(2)</sup>
- Lactose-free
- Suitable for vegetarians

(1) more than 20% of the energy value provided by protein  
(2) more than 6g / 100g

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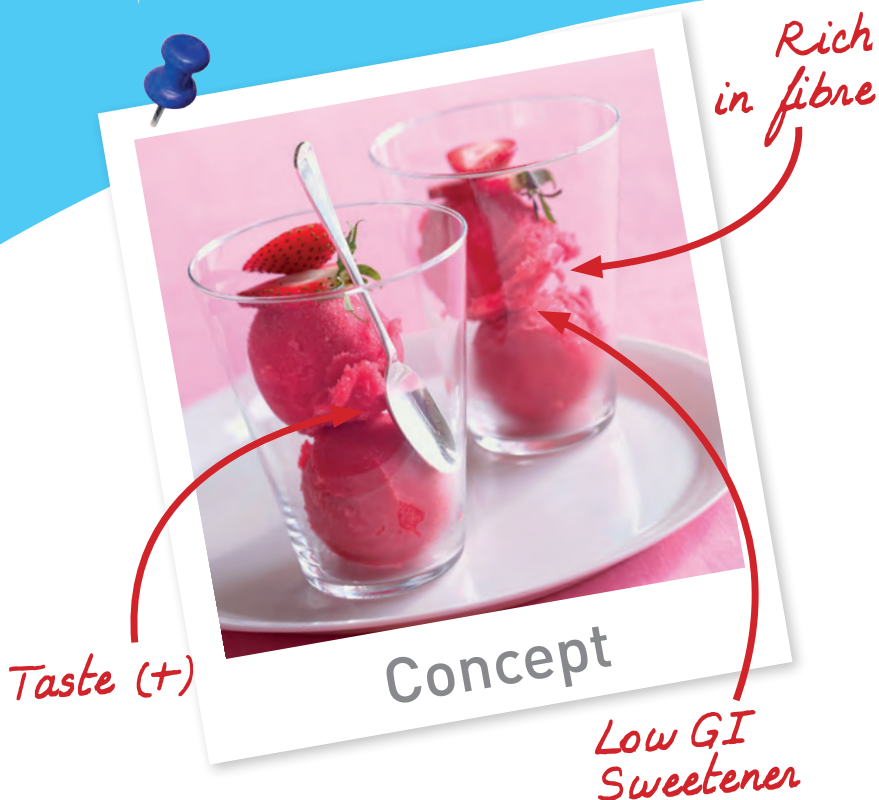
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# Glycem'Ice Low GI Raspberry sorbet



**NUTRIOSE**<sup>®</sup>  
soluble fibre

[www.nutriose.com](http://www.nutriose.com)

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## The recipe

### List of ingredients

• Fruits (raspberry puree)	45%
• Water	24.7%
• NUTRIOSE® FM 06, soluble fibre	17.4%
• NEOSORB® 70/70, sorbitol syrup	12.2%
• Stabilising agent: Lygomme FZ 104	0.3%
• Locust bean gum	0.2%
• Raspberry flavour	0.07%
• Gum arabic	0.04%
• Citric acid	0.03%
• Sucralose	0.01%

Detailed recipe: GLS 14\*

\* 50% air is incorporated to the syrup mix to obtain the sorbet finished product

## NEOSORB® sorbitol & NUTRIOSE® soluble fibre: key benefits for low GI raspberry sorbet

	NEOSORB® sorbitol	NUTRIOSE® soluble fibre
<b>Nutritional</b>	- 2.4 kcal/g - Low Glycaemic Index [9]	- 2 kcal/g - Low Glycaemic Index (25) - A GMO-free source of soluble fibre - Clinically proven effect on weight management <sup>(4)</sup>
<b>Functional</b>	- Antifreeze properties - Liquid form	- Ease of use - Stability to process
<b>Sensory</b>	- Sweetening index: 80% sucrose	- Neutral taste

### Nutrition Facts

Serving size: 100g syrup mix.

<b>Calories</b> 75kcal (3.8%)	<b>Protein</b> 0.5g (1%)	<b>Carb</b> 15.3g (5.7%)	<b>Sugars</b> 3.9g (4.3%)	<b>Polyols</b> 8.7g (60%)	<b>Fibre</b> 15g (60%)	<b>Fat</b> 0.2g (0.3%)
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Adult's Guideline Daily Amount \*

\* Percent GDAs are based on a 2,000 calorie diet.

### Possible claims

- With no added sugars<sup>(1)</sup>
- Low sugar<sup>(2)</sup>
- Rich in fibre<sup>(3)</sup>

(1) Does not contain any added mono or disaccharides

(2) No more than 5g/100g

(3) More than 6g/100g

(4) The soluble fibre NUTRIOSE® induces a dose-dependent beneficial impact on satiety over time in humans.  
Nutrition Research, Sept. 2011



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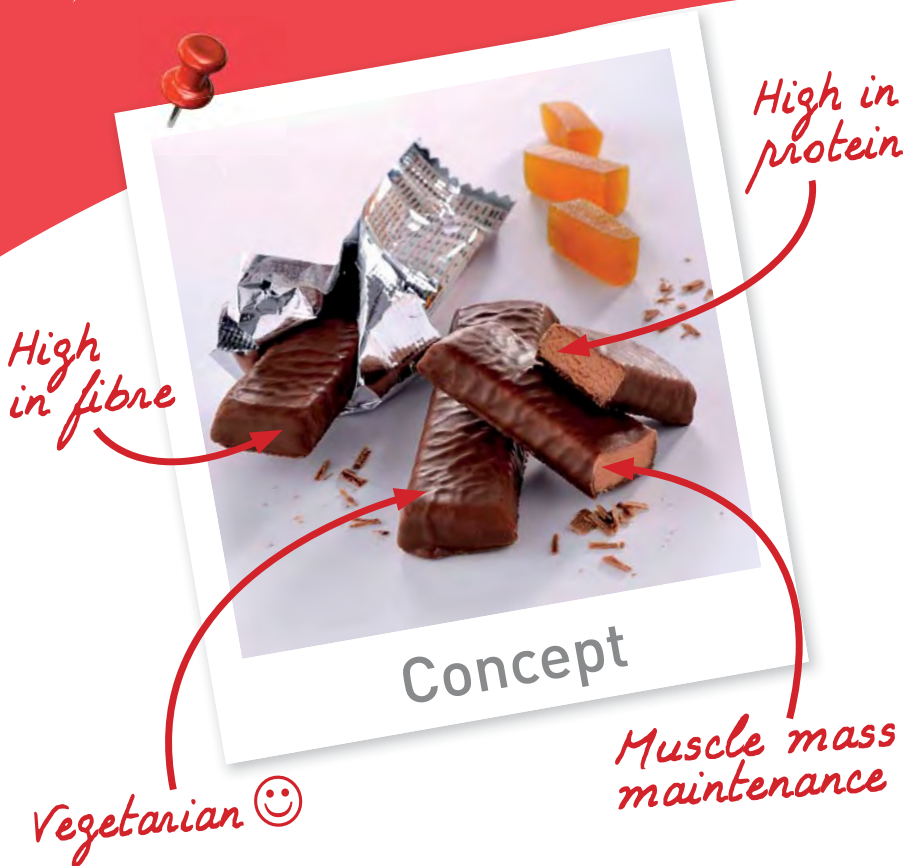
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# High-Protein Bar for athletes



**NUTRIOSE®**  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)

**NutraLys®**  
VEGETABLE PROTEINS  
Trusted • Competitive • Unique  
[www.pea-protein.com](http://www.pea-protein.com)



## The recipe

### List of ingredients

#### Filling:

• Roquette Glucose-fructose syrup 7081	41.1%
• NUTRALYS® S85F pea protein	25.5%
• NUTRIDSE® FBO6 soluble fibre	13.6%
• Residual water	13%
• Rapeseed oil	3.81%
• Rapeseed oil	2.03%
• Sucrose	0.56%
• Flavours	0.37%
• Soya lecithin	0.13%
• Salt	

**Coating:** Sugar-free dark chocolate with SweetPearl®  
maltilol (7% polyols in bar)

Detailed recipe: PNU SP 07

## NUTRALYS® pea protein: key benefits for this protein bar

	NUTRALYS® S85F
Nutritional	<ul style="list-style-type: none"> <li>- Highly purified protein isolate (85% protein on D.S)</li> <li>- Good source of branched-chain AA, glutamic acid and lysine</li> <li>- Intermediate-fast protein</li> <li>- No allergen warning label required</li> </ul>
Functional	<ul style="list-style-type: none"> <li>- Good powder dispersibility</li> <li>- Cost-in-use optimisation</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>- Optimised sensory profile</li> </ul>

### Nutrition Facts

Serving size: 100g protein bar [with chocolate coating]

<b>Calories</b> 359kcal 14%	<b>Protein</b> 18g 30%	<b>Carb</b> 46g 14%	<b>Sugars</b> 26g 24%	<b>Fibre</b> 11g 14%	<b>Fat</b> 11g 14%
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Adult's Guideline Daily Amount \*

\* Percent GDAs are based on a 2,500 calorie diet.

### Possible claims

- High protein <sup>(1)</sup>
- High fibre <sup>(2)</sup>
- Lactose-free
- GM0-free
- Gluten-free

<sup>(1)</sup> more than 20% of the energy value

provided by protein

<sup>(2)</sup> more than 6g /100g



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## SPORTS NUTRITION



### High Protein Bar for athletes

A 100% plant-based bar to help gain muscle mass!

#### *NUTRALYS® pea protein offers...*

##### Nutritional benefits:

- N°1 protein source of arginin
- Good source of BCAA, glutamic acid and leucine
- Intermediate-fast digestion kinetics
- Easy digestion

##### Benefits from vegetable source:

- Sustainability
- Affordability
- GMO-free origin

Nutrition info:

100 g of protein bar coated with chocolate contain:

Calories  
359 kcal  
14%

Carbs  
46 g  
14%

Proteins  
18 g  
30%

Fats  
11 g  
14%

Fibre  
11 g  
44%

% adult's Guideline Daily Amount \*

\*GDAs: Nutritional requirements vary depending on age, weight, height, gender and the level of physical activity. (2500kcal).

Ingredients: Glucose-fructose syrup, NUTRALYS® S85F pea protein, NUTRIOSE® soluble fibre, water, rapeseed oil, sucrose, flavours, soya lecithin, salt.

Recipe Reference: PNU SP07

##### Possible claims:

High protein<sup>(1)</sup>

Rich in fibre<sup>(2)</sup>

Lactose-free

GMO-free

Suitable for vegetarians

1. More than 20% of the energy value by protein.
2. More than 6% fibre, thanks to NUTRIOSE® soluble fibre.

Thanks to a little of nature's best !

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PRODUCT CONCEPT





**SPECIALIZED NUTRITION  
SOLUTIONS**

# Meal replacement vanilla instant protein dessert 9g protein

**HEALTHY  
GOURMET SHAKE**

**65:35  
PEA/MILK  
COMBINATION**

**EASY  
TO MIX**

**HELPS WEIGHT  
MANAGEMENT**

Only for reference, a real product could be seen different

*Nutralys*  
BY A PROTEIN  
Trusted • Compétition Unique

  
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**SPECIALIZED NUTRITION  
SOLUTIONS**

# Meal replacement vanilla instant protein dessert 9g protein

## NUTRALYS® pea protein

### KEY FACTS

- High quality plant protein from the yellow pea
- Consumer-friendly labelling
- Allergen-free status
- GMO-free protein source
- Kosher & Halal certified
- Clinically-proven benefits on short-term satiety



## THE RECIPE (INSTANT PROTEIN DESSERT)

### LIST OF INGREDIENTS (Detailed recipe: PNU WM09)

	%
NUTRALYS® S85 Plus, pea protein .....	29.7
Whole milk powder (26% fat) .....	25.0
GLUCIDEX® IT19, maltodextrin .....	20.9
PRODIET 85 instant, milk protein isolate (INGREDIA) .....	7.3
PREGEFLO® P100, native pregelatinized starch .....	4.5
Carrageenan (AGI) .....	3.5
Masking flavor .....	2.3
Guar gum (AGI) .....	1.8
Vanilla flavor (MANE) .....	1.5
Salt .....	1.2
Xanthan gum (AGI) .....	1.0
NUTRIOSE® FM06, soluble fibre .....	1.0
Intense sweeteners (aspartame, acesulfame K) .....	0.3

## NUTRALYS® S85 Plus

### KEY BENEFITS FOR AN INSTANT PROTEIN DESSERT

<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• Highly purified pea protein isolate (84% protein on D.S.)</li> <li>• Good source of arginine, glutamic acid &amp; branched-chain amino acids</li> <li>• Easily digested protein (95%)</li> <li>• Intermediate-fast pea protein: Good combination with milk protein to supply body with essential amino acids</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• High solubility</li> <li>• Low viscosity</li> <li>• Good powder dispersibility in cold water</li> <li>• Dairy protein substitution</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Improved taste: Good association with sweet &amp; fruity flavours with low beany notes</li> <li>• Contributes to smooth texture</li> </ul>

## POSSIBLE CLAIMS

- High protein\*
- Source of fibre\*\*
- Gluten-free
- Non-GMO

\* High protein: At least 20% of the energy value provided by protein

\*\*Source of fibre: At least 3g of fibre per 100g

## NUTRITION FACTS

**SERVING SIZE: 25g powder**  
(to be reconstituted with 160 mL water)

Calories	Protein	Carb	Sugars	Fibre	Fat
98kcal	9.2g	9.7g	2.8g	1.4g	2.3g

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SPECIALIZED NUTRITION  
SOLUTIONS

# High protein bar for athletes 34% protein



HIGH IN PROTEIN

VEGETARIAN 

MUSCLE MASS MAINTENANCE

*Nutralys*  
VEGETABLE PROTEINS  
Trusted • Competitive • Unique

 **NUTRIOSE**  
soluble fibre

  
**ROQUETTE**  
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**SPECIALIZED NUTRITION  
SOLUTIONS**

## High protein bar for athletes

### KEY FACTS

#### **NUTRALYS® vegetable proteins**

- Plant-based proteins isolated from the yellow pea and wheat
- Consumer-friendly labelling
- GMO-free, Kosher and Halal certified

#### **NUTRIOSE® FM soluble fibre**

- Soluble fibre extracted from maize
- Consumer-friendly labelling
- GMO-free, Kosher and Halal certified

### THE RECIPE

#### LIST OF INGREDIENTS (Detailed recipe: PNU SP 07)

Filling	%
Roquette glucose-fructose syrup 7081.....	26
NUTRALYS® WF, hydrolyzed wheat protein.....	16
Dark chocolate topping.....	15
NUTRALYS® pea XF, pea protein.....	11.5
NUTRALYS® pea BF, pea protein.....	11.5
NUTRIOSE® FM 06, soluble fibre.....	11.2
Sunflower oil.....	3
Sorbitol syrup.....	2.5
Defatted cocoa powder.....	0.9
Others (flavours, amino acids, minerals, salt, emulsifier, vitamins).....	2.4

### **NUTRALYS® & NUTRIOSE® KEY BENEFITS IN A HIGH PROTEIN BAR**

	NUTRALYS® WF Soluble wheat protein	NUTRALYS® pea XF Pea protein	NUTRALYS® pea BF Pea protein	NUTRIOSE® FM 06 Soluble fibre
Nutritional	<ul style="list-style-type: none"> <li>• Highly purified plant-based proteins (85% from pea/88% from wheat on D.S)</li> <li>• Good source of arginine, BCAA and glutamic acid</li> <li>• Easily digested proteins</li> <li>• Complementary digestion kinetics: intermediate-fast pea protein and fast hydrolyzed wheat protein.</li> </ul>			<ul style="list-style-type: none"> <li>• 85% fibre on D.S.</li> <li>• Excellent digestive tolerance</li> </ul>
Functional	<ul style="list-style-type: none"> <li>• Give greater softness and allow to aerate the texture</li> <li>• Avoid grittiness</li> <li>• Ease of use</li> </ul>			<ul style="list-style-type: none"> <li>• Ease of use</li> <li>• Process-stable</li> </ul>
Sensory	<ul style="list-style-type: none"> <li>• Optimized sensory profile</li> </ul>			

### POSSIBLE CLAIMS

- High protein<sup>(1)</sup> • Rich in fibre<sup>(2)</sup> • GMO-free
- Suitable for vegetarians & vegans

(1): More than 20% of the energy value provided by protein  
(2): more than 6% fibre

### NUTRITION FACTS SERVING SIZE: 40g (one bar)

Calories	Protein	Carb	Fat	Fibre
151kcal	13.7g	12.8g Of which sugars: 9.2g Of which polyols: 0.6g	4.4g	3.1g

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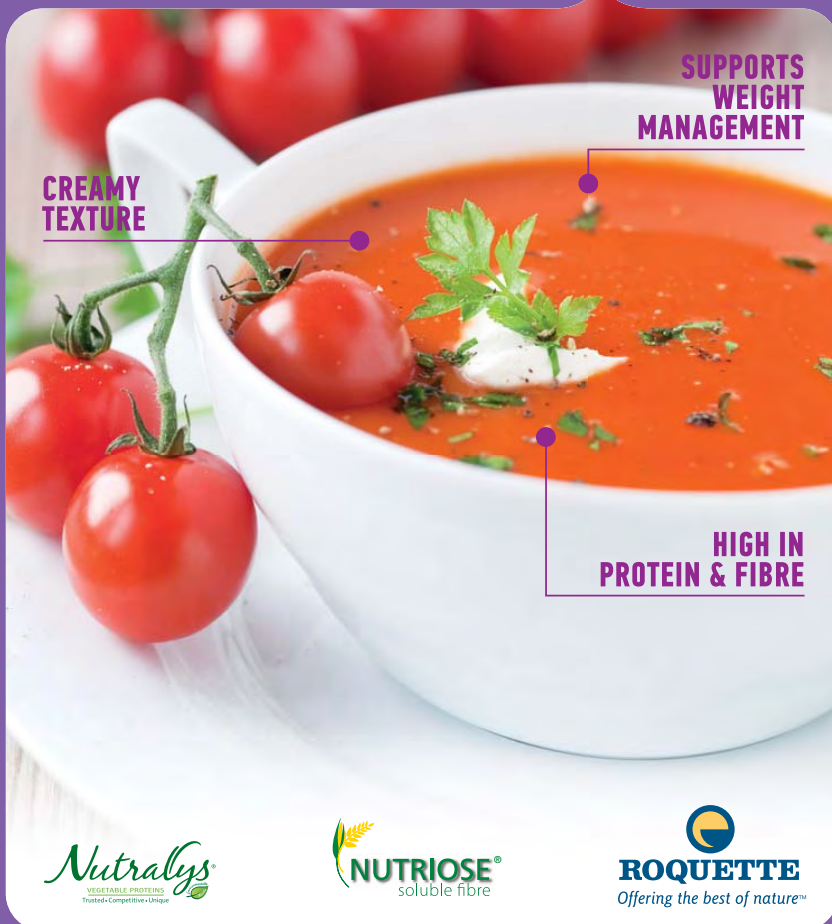
  
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**SPECIALIZED NUTRITION  
SOLUTIONS**

# Instant tomato soup for healthy eating



**Nutralys**  
VEGETABLE PROTEINS  
Truited • Competitive • Unique

**NUTRIOSE**  
soluble fibre

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## Instant tomato soup for healthy eating

### KEY FACTS

#### NUTRALYS® vegetable proteins

- Plant-based proteins isolated from the yellow pea and wheat
- Highly purified protein ingredients
- Good complementarity

#### NUTRIOSE® soluble fibre

- Resistant dextrin obtained from cereals (wheat or maize)
- Allergen-free status if maize origin

Both ingredients are : GMO-free, Kosher & Halal certified and can benefit from a consumer-friendly labelling

### THE RECIPE (INSTANT TOMATO SOUP)

#### LIST OF INGREDIENTS (Detailed recipe: PNU HP01)

	%
Tomato powder .....	33
GLUCIDEX® IT 21, dried glucose syrup .....	12
Native potato starch .....	12
NUTRALYS® pea XF, pea protein .....	9.3
GLUCIDEX® IT6, maltodextrin .....	6.7
Sugar.....	6
Skimmed milk powder .....	6
Salt .....	3
Native waxy maize starch .....	3
NUTRIOSE® FM06, soluble fibre .....	2
NUTRALYS® WF, hydrolyzed wheat protein .....	1.6
Sun-dried tomato granules .....	1.2
Sunflower oil .....	1
Basil leaves .....	1
Tomato flavour .....	0.8
Paprika powder .....	0.6
Citric acid .....	0.5
Ground black pepper .....	0.1

### NUTRALYS® vegetable proteins and NUTRIOSE® FM06

#### KEY BENEFITS FOR INSTANT TOMATO SOUP HIGH IN PROTEIN AND FIBRE

	NUTRALYS® vegetable proteins	NUTRIOSE® FM06, soluble fibre
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• Highly purified plant-based proteins (85% protein on D.S)</li> <li>• Good source of arginine, BCAA<sup>(1)</sup> and glutamic acid</li> <li>• Easily digested proteins</li> <li>• Complementary digestion kinetics: intermediate-fast pea protein and fast hydrolyzed wheat protein</li> </ul>	<ul style="list-style-type: none"> <li>• 85% fibre on D.S</li> <li>• Excellent digestive tolerance</li> <li>• Calorie value: 2kcal/g</li> <li>• Clinically-proven effect on weight management</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Protein enrichment</li> <li>• Good solubility</li> <li>• Fine particle size to avoid grittiness in mouth</li> <li>• Ease of use</li> </ul>	<ul style="list-style-type: none"> <li>• High solubility</li> <li>• Ease of use</li> <li>• Stability to process</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Optimised sensory profile</li> </ul>	<ul style="list-style-type: none"> <li>• Neutral taste / White colour</li> </ul>

(1) Branched-chain amino acid

### POSSIBLE CLAIMS

- High protein<sup>(1)</sup> • High fibre<sup>(2)</sup>
- Non-GMO

(1) At least 12% of the energy value provided by protein

(2) More than 6% fibre per 100g of product

### NUTRITION FACTS

#### SERVING SIZE: 50g powder

(to be reconstituted with 250ml water)

Calories	<b>Protein</b>	Carb	Sugars	<b>Fibre</b>	Fat
157kcal	<b>8.1g</b>	27.1g	9.9g	<b>3.4g</b>	1.5g

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**SPECIALIZED NUTRITION  
SOLUTIONS**

# NutriDelicious sugar-free biscuits

**HIGH IN FIBRE**

**GLYCAEMIC  
RESPONSE  
MANAGEMENT**

**TASTY &  
CRUNCHY**



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## NutriDelicious sugar-free biscuits

### KEY FACTS

#### NUTRIOSE® soluble fibre

- Soluble fibre produced from maize or wheat
- Consumer-friendly labelling
- GMO-free, Kosher and Halal certified



#### SweetPearl® maltitol

- Bulk sweetener produced from wheat or maize
- Polyol most like sucrose
- GMO-free, Kosher and Halal certified

### THE RECIPE

#### LIST OF INGREDIENTS (Detailed recipe: PNU WM08)

	Control biscuit	Sugar-free biscuit
	%	%
Water .....	6.5	6.5
Sodium bicarbonate .....	0.35	0.35
Ammonium bicarbonate .....	0.15	0.15
Sucrose.....	15	-
Glucose syrup 4779 .....	2.5	-
SweetPearl® P200, maltitol.....	-	8.7
NUTRIOSE® 06, soluble fibre.....	-	6.3
Vegetable fat, Biscuitine 500 .....	15	15
Soy lecithin .....	0.2	0.2
Wheat flour .....	43.60	43.68
Whole wheat flour .....	6.5	8.4
Oat flakes .....	8	10
Skimmed milk powder .....	1.5	-
Sodium pyrophosphate .....	0.3	0.3
Salt .....	0.2	0.2
Vanilla powder .....	0.2	0.2
Intense sweetener (acesulfame K) ..	-	0.02

### NUTRIOSE® 06 soluble fibre and SweetPearl® maltitol KEY BENEFITS FOR SUGAR-FREE MORNING BISCUIT

	NUTRIOSE® 06 soluble fibre	SweetPearl® maltitol
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• 85% fibre on D.S.</li> <li>• Calorie value: 2kcal/g</li> <li>• Safe for teeth</li> <li>• Low Glycaemic response (GR: 25)</li> <li>• Excellent digestive tolerance</li> <li>• Clinically proven effect on weight management</li> </ul>	<ul style="list-style-type: none"> <li>• Calorie value: 2.4 kcal/g</li> <li>• Safe for teeth</li> <li>• Low Glycaemic response (GR: 29)</li> <li>• Good digestive tolerance</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Sugar-free solution</li> <li>• Fibre enrichment</li> <li>• Ease of use: good solubility and dispersibility</li> <li>• Stable in processing</li> </ul>	<ul style="list-style-type: none"> <li>• Best sugar replacer</li> <li>• Good functionality: melts during cooking and recrystallizes as sugar</li> <li>• Ease of use</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Neutral taste</li> </ul>	<ul style="list-style-type: none"> <li>• Sweet taste (sweetening index: 80% sucrose)</li> </ul>

### POSSIBLE CLAIMS

- Sugar-free \*
- High fibre \*\*
- Non-GMO

\* no more than 0.5g of sugars per 100g finished product

\*\* At least 6g of fibre per 100g finished product

### NUTRITION FACTS

#### SERVING SIZE: 20g (2 biscuits approx.)

Calories	Protein	Carb	Sugars	Polyols	Fibre	Fat
87kcal	1.7g	10.1g	0g	1.9g	1.8g	3.7g

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SPECIALIZED NUTRITION  
SOLUTIONS

# Nutrisfaction

100% vegetable  
meal replacement bar  
25% protein



HIGH IN PROTEIN

GREAT TASTE

FEEL FULL FOR LONGER

*Nutralys*  
VEGETABLE PROTEINS  
Truited - Competitive - Unique

 **NUTRIOSE**  
soluble fibre

  
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**SPECIALIZED NUTRITION  
SOLUTIONS**

# Nutrisfaction 100% vegetable meal replacement bar 25% protein

## KEY FACTS

### NUTRALYS® vegetable proteins

- Plant-based proteins isolated from the yellow pea and wheat
- Consumer-friendly labelling
- GMO-free, Kosher and Halal certified

### NUTRIOSE® FM L soluble fibre

- Soluble fibre extracted from maize
- Consumer-friendly labelling
- GMO-free, Kosher and Halal certified

## THE RECIPE

### LIST OF INGREDIENTS (Detailed recipe: PNU WM 06)

Filling	%
Roquette glucose-fructose syrup 7081.....	26
NUTRALYS® pea BF, pea protein.....	23.2
Chocolate topping .....	15
GLUCIDEX® 21, dried glucose syrup .....	14.2
NUTRIOSE® FM 06 L, soluble fibre.....	7
NUTRALYS® WF, hydrolyzed wheat protein.....	5.8
Sunflower oil.....	4.2
Sorbitol syrup .....	3
Others (flavours, amino acids, minerals, salt, emulsifier, vitamins).....	2.3

**Coating:** Sugar-free dark chocolate with SweetPearl® maltitol (8% polyols in bar)

## NUTRALYS® & NUTRIOSE® KEY BENEFITS IN A MEAL REPLACEMENT BAR

	NUTRALYS® WF Soluble wheat protein	NUTRALYS® BF Pea protein	NUTRIOSE® FM 06L Liquid soluble fibre
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• Highly purified plant-based proteins (85% from pea/88% from wheat on D.S)</li> <li>• Easily digested proteins</li> <li>• Complementary digestion kinetics: intermediate-fast pea protein and fast hydrolyzed wheat protein.</li> </ul>		<ul style="list-style-type: none"> <li>• 85% fibre on D.S.</li> <li>• Excellent digestive tolerance</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Give greater softness and allow to aerate the texture</li> <li>• Ease of use</li> </ul>		<ul style="list-style-type: none"> <li>• Ease of use</li> <li>• Process-stable</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Optimized sensory profile</li> <li>• Convenient particle size</li> </ul>		

## POSSIBLE CLAIMS

- High protein<sup>(1)</sup> • Rich in fibre<sup>(2)</sup> • GMO-free
- Suitable for vegetarians & vegans

(1): More than 20% of the energy value provided by protein  
(2): more than 6% fibre

## NUTRITION FACTS

**SERVING SIZE: 40g (one bar) (2 bars = 1 meal)**

Calories	Protein	Carb	Fat	Fibre
150kcal	9.8g	17.6g Of which sugars: 7.2g Of which polyols: 3.2g	4.5g	2.5g

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**SPECIALIZED NUTRITION  
SOLUTIONS**

# Have a refreshing fibre boost twice a day!



 **NUTRIOSE®**  
soluble fibre

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**SPECIALIZED NUTRITION  
SOLUTIONS**

**Have a refreshing  
fibre boost,  
twice a day!**

## NUTRIOSE® soluble fibre

### KEY FACTS

Reach easily your nutritional goals thanks to the only sugars-free fibre with proven health benefits

- Clinically-proven benefits on digestive health & blood glucose management
- Excellent tolerance
- Easy to use everyday
- Sugars-free
- Non-GMO, Kosher & Halal certified



## THE RECIPE (HIGH FIBRE POWDER MIX DRINK)

### LIST OF INGREDIENTS (Detailed recipe: LPNUWMA003)

	%
<b>NUTRIOSE® 06, soluble fibre</b>	<b>95.5</b>
Flavours	2.6
Citric acid	0.9
Intense sweetener (acesulfam K)	0.5
Colouring agents	0.5

## NUTRIOSE® 06 soluble fibre

### KEY BENEFITS FOR QUICK-DISSOLVING POWDER MIX PRODUCTS

<b>Nutritional</b>	<p>Clinically-proven benefits on:</p> <ul style="list-style-type: none"> <li>• Digestive health - 1 dose per day of powder mix drink delivers more than 8g NUTRIOSE® 06, the amount with clinically-proven benefits on digestive health*</li> <li>• Blood glucose management - supported by 6 clinical studies**</li> </ul> <p>Low Glycaemic Response (GR:25)</p>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Ease of use</li> <li>• Process stability (heat treatment and acid conditions)</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Neutral taste</li> </ul>

## SUGGESTED CLAIMS

- High fibre <sup>(1)</sup>
- Sugars-free <sup>(2)</sup>
- Lowering glycaemic response <sup>(3)</sup>
- Non-GMO <sup>(4)</sup>

(1) More than 6g per 100mL finished product

(2) No more than 0.5g of sugars per 100mL finished product

(3) Consumption of foods/drinks containing NUTRIOSE® instead of sugars induces a lower blood glucose rise after their consumption compared to sugar-containing foods/drinks. Other suggested front pack claims available, associated with more or less regulatory risk. Front of pack claims are the responsibility of the responsible for placing on the market

(4) Accords with EU regulations

## NUTRITION FACTS

**SERVING SIZE: 1 dose (16g) + 200mL water**

Calories	Protein	Carb	<b>Fibre</b>	Fat
35kcal	0g	2.8g	<b>12.5g</b>	0g
		Of which sugars: 0g		

\* Lefranc-Millot C., Guerin-Deremaux L., Wils D., Neut C., Miller Le, Saniez Degraeve MH, Impact of a resistant dextrin on intestinal ecology: How altering the digestive ecosystem with NUTRIOSE®, a soluble fiber with prebiotic properties, may be beneficial for health. The Journal of International Medical Research, 2012; 40(1): 211-224.

\*\* Lefranc-Millot C. et al., Glycemic and insulinemic response of NUTRIOSE in healthy volunteers of different countries, 22<sup>nd</sup> European Congress on Obesity, Prague, Czech Republic, 6-9th 2015.

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**SPECIALIZED NUTRITION  
SOLUTIONS**

# **Sugar-free cupcake**

## **Manage blood glucose with indulgence**



**GOOD SOURCE  
OF FIBER**

**SUGAR-FREE**

**GLYCEMIC  
RESPONSE  
MANAGEMENT**

Only for reference, a real product could be different.



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**SPECIALIZED NUTRITION  
SOLUTIONS**

# Sugar-free cupcake Manage blood glucose with indulgence

## KEY FACTS

### NUTRIOSE® soluble fiber

The sugar-free soluble fiber offering health benefits for specific needs

- Resistant dextrin produced from corn or wheat
- Health benefits on digestive health & blood glucose management
- Gluten-free, non GMO
- Kosher & Halal certified

### SweetPearl® maltitol

The sugar-like solution that helps you manage blood glucose with indulgence

- Bulk sweetener produced from corn
- Kosher & Halal certified

## THE RECIPE (SUGAR-FREE CUPCAKE)

### LIST OF INGREDIENTS

(Detailed recipe: GPNUWMA001)

- **SweetPearl® P200**
- All purpose flour
- Butter, unsalted
- Whole egg (fresh, raw)
- **LYCASIN® 80/55** maltitol syrup
- Teton alkalized Cocoa powder, tempered
- **NUTRIOSE® FM06** soluble fiber
- Water
- Vanilla extract
- Baking powder
- Salt
- Acesulfame potassium

## NUTRIOSE® 06 soluble fiber & SweetPearl® maltitol KEY BENEFITS FOR SUGAR-FREE CUPCAKE

	NUTRIOSE® 06 soluble fiber	SweetPearl® maltitol
<b>Nutritional</b>	<ul style="list-style-type: none"> <li>• 85% fiber on D.S.</li> <li>• Calorie value: 2kcal/g</li> <li>• Low Glycaemic response (GR: 25)</li> <li>• Excellent digestive tolerance</li> </ul>	<ul style="list-style-type: none"> <li>• Calorie value: 2.4 kcal/g</li> <li>• Low Glycaemic response (GR: 29)</li> <li>• Good digestive tolerance</li> </ul>
<b>Functional</b>	<ul style="list-style-type: none"> <li>• Sugar-free solution</li> <li>• Fiber enrichment</li> <li>• Ease of use: good solubility and dispersibility</li> <li>• Stable in processing</li> </ul>	<ul style="list-style-type: none"> <li>• Best sugar replacer</li> <li>• Good functionality: melts during cooking and recrystallizes as sugar</li> <li>• Ease of use</li> </ul>
<b>Sensory</b>	<ul style="list-style-type: none"> <li>• Neutral taste</li> </ul>	<ul style="list-style-type: none"> <li>• Sweet taste (sweetening index: 80% sucrose)</li> </ul>

## SUGGESTED CLAIMS\* (US)

- Sugar-free<sup>(1)</sup>
- Good source of fiber<sup>(2)</sup>

(1) Sugar-free: less than 0.5g sugars per RACC (40g) and per labeled serving

(2) Good source of fiber: 2.5 to 5g fiber per serving

\* Information based on USA regulations. Subject to applicable local laws and regulations.

## NUTRITION FACTS

**SERVING SIZE 40g**

Amount per serving

**CALORIES 120**

Calories from fat 65

% Daily value

**Total fat** 7g 11%

**Saturated fat** 5g 22%

**Trans fat** 1g

**Cholesterol** 40mg 12%

**Sodium** 150 mg 6%

**Total carbohydrate** 21g 7%

**Dietary fiber** 3g 12%

**Sugar alcohols** 11g

**Protein** 2g

Vitamin A 5% Vitamin C 0%

Calcium 4% Iron 7%

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**SPECIALIZED NUTRITION  
SOLUTIONS**

# Table top fibre Boost easily your fibre intake

**SUGAR-FREE**

**PROVEN HEALTH  
BENEFITS**

**SIMPLE  
& EFFECTIVE**



**NUTRIOSE®**  
soluble fibre

  
**ROQUETTE**  
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Only for reference, a real product could be seen different.



**SPECIALIZED NUTRITION  
SOLUTIONS**

## Table top fibre Boost easily your fibre intake

### NUTRIOSE® soluble fibre

#### KEY FACTS

The sugar-free soluble fibre that helps you reach cosily your daily targets

- Clinically-proven benefits on digestive health & blood glucose management
- Excellent tolerance
- Easy to use everyday
- Sugar-free
- Non-GM, Kosher and Halal certified

### THE RECIPE (TABLE TOP FIBRE) LIST OF INGREDIENTS

	%
NUTRIOSE® 06 soluble fibre (maize).....	100

### NUTRIOSE® 06 soluble fibre

#### KEY BENEFITS FOR QUICK-DISSOLVING POWDER MIX PRODUCTS

<b>Nutritional</b>	Clinically-proven benefits on: • Digestive health - 2 sticks per day of this table top fibre deliver more than 8g NUTRIOSE® 06, the amount with clinically-proven benefits on digestive health • Blood glucose management - supported by 6 clinical studies • Low Glycaemic Response (GR:25)
<b>Functional</b>	• Ease of use • Quick dispersion and dissolution
<b>Sensory</b>	• Neutral taste

### POSSIBLE CLAIMS (INDIA)

- High fibre<sup>(1)</sup>
- Sugar-free<sup>(2)</sup>
- Non-GM<sup>(3)</sup>

- (1) More than 6g per 100mL of finished product
- (2) No more than 0.5g of sugars per 100mL finished product
- (3) Accords with EU regulations

### NUTRITION FACTS SERVING SIZE: 2 sticks - 10g

Calories 10kcal <0.1g	Protein <0.1g	Carb 1.6g Of which sugars: 0g	<b>Fibre 8g</b>	Fat 0g
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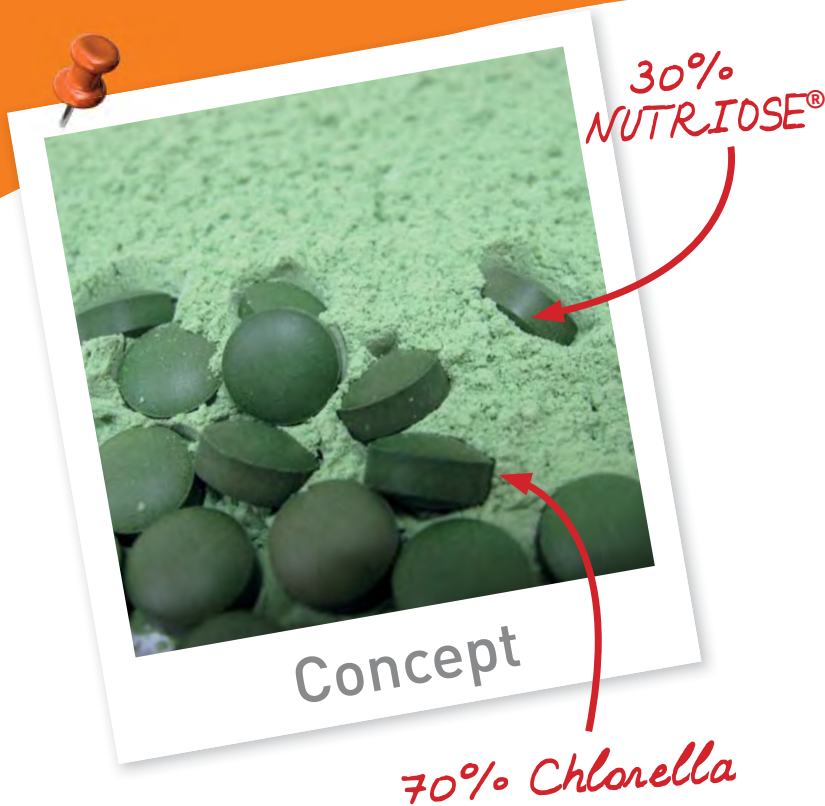
  
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# Boost ANTIOXIDANT potential of Chlorella thanks to NUTRIOSE®



  
**NUTRIOSE®**  
soluble fibre  
[www.nutriose.com](http://www.nutriose.com)

**ROQUETTE**  
**Chlorella**



## The recipe

### List of ingredients

- Roquette Chlorella ..... 70%
- NUTRIOSE® Soluble fibre ..... 30%



### Roquette Chlorella

- A fresh-water **microalgae** grown in a closed environment
- A cocktail of **nutritional compounds**
  - ✓ amino-acids    ✓ vitamins
  - ✓ pigments        ✓ minerals

### NUTRIOSE®

- A **soluble dietary fibre** obtained from renewable vegetal sources (wheat or maize)
- With **prebiotic properties** leading to an overall improvement of gut environment<sup>[1]</sup>

## Roquette Chlorella + NUTRIOSE®, a synergistic effect in the colon<sup>[2]</sup>

This **synergistic effect** was evaluated on some fecal parameters (enzymes, antioxidant activity) after administration of chlorella, NUTRIOSE® or a combination of both in rat model for 21 days.

The results display a synergistic **increase in the enzymatic and antioxidant activities** of the feces when using a combination of the fibre and the microalga. This activity is higher than a cumulative effect.

NUTRIOSE® might stimulate the growth of some gut bacteria (Bacteroides). These bacteria secrete enzymes that may **hydrolyze the cell wall of chlorella**, therefore releasing some components favoring the growth of the colonic microflora. In parallel, **antioxidant compounds** (chlorophyll and vitamins) might be **released in the colon**, and increase the antioxidant activity of the feces.

*Food containing dietary antioxidant may substantially modify the antioxidant activity of the feces, used as a marker of intestinal content. This might have potential implications in terms of colonic health.<sup>[4]</sup> In this way, preliminary studies have shown that antioxidants might induce reduction in some cytokine response in vitro in gut tissues from patients suffering of inflammatory bowel diseases.<sup>[4]</sup>*

[1] Lefranc-Millot C, et al. J Int Med Research 2012

[2] Patents WO201007332A2 and WO201007331A2

[3] Garsetti M, et al. Br J Nutr 2000

[4] Reimund JM et al. Eur J Clin Invest 1998



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## SENIOR NUTRITION - ANTIOXIDANT



### Optimize antioxidant potential of Chlorella thanks to NUTRIOSE®

#### Roquette Chlorella

- A fresh-water **microalgae** grown in a closed environment <sup>[1]</sup>
- A cocktail of **nutritional compounds**
  - ✓ amino-acids
  - ✓ vitamins
  - ✓ pigments
  - ✓ minerals

#### NUTRIOSE®

- a **soluble dietary fibre** obtained from renewable vegetal sources (wheat or maize)
- with **prebiotic properties** leading to an overall improvement of gut environment <sup>[2]</sup>

### Roquette Chlorella + NUTRIOSE®, a synergistic effect in the colon <sup>(3)</sup>

This **synergistic effect** was evaluated on some fecal parameters (enzymes, antioxidant activity) after administration of chlorella, NUTRIOSE® or a combination of both in rat model for 21 days.

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References :  
 (1) Chlorella sp. produced in photobioreactor in Roquette Klötze facility  
 (2) Lefranc-Millot C. et al. *J Int Med Research* 2012  
 (3) Patents WO2010007332A2 and WO2010007331A2  
 (4) Giaretti M. et al. *Br J Nutr* 2000  
 (5) Reinwand JM et al. *Eur J Clin Invest* 1998



PRODUCT CONCEPT