

VIVONS EN FORME program by FLVS charity



Funded

1991

Main mission

Preventive health and fitness initiatives

[Website of the charity](#)

Scope of action

France

Objectives

- Conducting scientific, epidemiological and sociological studies
- Prevention and health among the population
- Training for healthcare and education professionals and local stakeholders

VIVONS EN FORME program

What?

The program, which 252 municipalities have already committed to, supports municipalities and public establishments for inter-municipal cooperation to facilitate the implementation of their preventive health action plan, so that children and their families can adopt healthier lifestyles thanks to a stimulating environment..

How?

- By providing personalized advice and support to nearby stakeholders.
- By training professionals from different structures directly on their premises.
- By developing the necessary tools for implementing preventive health actions.

Why?

To enable towns, particularly in priority education areas that are more affected, to reduce the prevalence of excess weight and obesity in children, by educating the whole family on the correct behavior to adopt from the earliest years, whether in terms of health, sleep, diet or physical activity.

Duration of support

For 3 years

