





# **READY-TO-DRINK VANILLA PROTEIN SHAKE 30G PROTEIN**



- ☑ HIGH PROTEIN
- ☑ CONTRIBUTES TO MUSCLE MASS MAINTENANCE

ROQUETTE Offering the best of nature

## READY-TO-DRINK VANILLA PROTEIN SHAKE **30G PROTEIN**

### **SUGGESTED CLAIMS (EU)\***

## **Key Ingredient Facts**

#### NUTRALYS® pea protein

- · Delicious, nutritious and sustainable source of plant protein from the yellow pea
- Non-GMO<sup>1</sup> and not a major allergen<sup>2</sup>
- · Kosher and Halal certified
- Helps support muscle mass maintenance<sup>3</sup>
- · Helps fill you up3



#### Key Benefits for a Ready-to-drink vanilla protein shake

#### NUTRALYS® S85 Plus pea protein

- · Premium quality pea protein isolate (85% protein on D.S.)
- · Easy to digest: 96% digestible
- · Amino-acid score of 100% when associated with milk proteins

#### NUTRITIONAL

- · Fast digesting profile compare to casein and whey proteins4
- · A clinical study suggests that the consumption of 25g of NUTRALYS® pea protein helps moderate blood glucose peaks and dips5
- 4 Overduin J et al., Food Nutr Res Jour, 2015; 59:25622
- 5 Thondre S et al. Eur J Nutr. 2021

#### **FUNCTIONAL**

- · Easy-to-use: quick dispersibility in water · High solubility over a wide range of pH
- · Low viscosity to reach high protein level in beverages
- · Light taste for a similar indulgence as dairy protein powder

#### **SENSORY**

- · Good association with sweet and fruit flavours with low beany notes
- · Contributes to pleasant, velvety and smooth mouthfeel

Detailed recipe: LPNUHPR018

#### **NUTRITION FACTS**

Ready-to-drink vanilla protein shake

#### Per 300mL

Energy	249kcal
Fat	1.7g
Of which saturates	0.64g
Carbohydrate Of which sugars Of which polyols	27.5g 25.2g 0g
Fiber	2.8g
Protein	30g
Salt	0.67g

#### Ingredients:

Skimmed milk, milk protein isolate (MPI), sugar, NUTRALYS® S85 Plus pea protein, NUTRIOSE® FM06 soluble maize fiber, GLUCIDEX® IT19 maltodextrin, flavor, carrageenan.



**Nutritional and Technological** 

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According to Regulations (EC) No 1829/2003 and No 1830/2003

<sup>2</sup>Pea is not listed among major allergens and intolerant agents in EU (Annex II Regulation 1169/2011) neither in the Codex list of allergens to be labeled (Codex Stan 1-1985 (Rev. 1-1991)-\$4.2.1.43). Due to a few rare reported allergic reactions with pea (and their derived products), we strongly suggest to our customers to list the botanical origin of their pea derived products in their ingredient statement.

<sup>3</sup>Clinical studies suggest benefits on muscle mass increase and short-term satiety

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